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NELSON MUNOZ - 641 HUNTINGTON AUR WINTERTONK, FL 32787 (City/State/Zip/Phone #)				
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ARTICLES OF AMENDMENT TO ARTICLES OF INCORPORATION OF



NELSON	WORKOUT	DETAILS	JWC.
		,	
	(neagant nama	<u> </u>	
	(present name	,	

Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida profit corporation adopts the following articles of amendment to its articles of incorporation:

(Document Number of Corporation (If known)

FIRST: Amendment(s) adopted: (indicate article number(s) being amended, added or deleted)

ARTICLE I - AMENDED

NEW NAME: NUTRASSENTIALS, INC.

OLD NAME = NELSON WORKOUT DETAILS

SECOND: If an amendment provides for an exchange, reclassification or cancellation of issued shares, provisions for implementing the amendment if not contained in the amendment itself, are as follows: