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DIVISION OF CERTERATION 03 JAN -9 PH 12: 50

CAPITAL CONNECTION, INC.

417 E. Virginia Street, Suite 1 • Tallahassee, Florida 32301 (850) 224-8870 • 1-800-342-8062 • Fax (850) 222-1222

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ARTICLES OF INCORPORATION

OF

XTREME PERSONAL TRAINING, INC.

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SECRETARY OF STATE
SECAN ASSEE FILORIA

The undersigned incorporator, for the purpose of forming a corporation under the Florida Business Corporation Act, hereby adopts the following Articles of Incorporation.

ARTICLE I: NAME

The name of the corporation is XTREME PERSONAL TRAINING, INC.

ARTICLE II: PRINCIPAL OFFICE

The principal place of business and mailing address of the corporation is 2495 8W 82nd Avenue, Suite 202, Davie, FL 33324.

ARTICLE III: CAPITAL STOCK

The number of shares of stock that this corporation is authorized to have outstanding at any one time is one thousand (1,000) shares having a par value of (\$.01) per share.

ARTICLE IV: INITIAL REGISTERED AGENT AND ADDRESS

The name and address of the initial registered agent is Spiro T. Komninos Esq., 6675 13 Avenue North, Suite 2C, St. Petersburg, FL 33710.

ARTICLE V: INCORPORATOR

The name and address of the incorporator of these Articles of Incorporation is Capital Connection, Inc., 417 E. Virginia St., Suite 1, Tallahassee, FL 32301.

ARTICLE VI: INITIAL BOARD OF DIRECTORS

The name and address of each member of the initial Board of Directors of the corporation is President: Louis C. Koulouvaris, 2495 SW 82nd Avenue, #202, Davie, FL 33324, Vice-President: Nathan R. Powell, 2420 SW 82 Avenue, Miramar, FL 33025.

The undersigned has executed these Articles of Incorporation this 9th day of January 2003.

"Capital Connection, Inc. by Stacey Legget, Client Representative"

Stacy Leggett.

CERTIFICATE OF DESIGNATION

REGISTERED AGENT - REGISTERED OFFICE

Pursuant to the provisions of Section 607.0501, Florida Statutes, the mentioned corporation, organized under the laws of the State of Florida, submits the following statement in designating the registered office and registered agent, in the State of Florida:

1. The name of the corporation is:

XTREME PERSONAL TRAINING, INC.

2. The name and street address of the registered agent and office is:

SPIRO T. KOMNINOS, ESQ. 6675 13 AVENUE NORTH, SUITE 2C ST. PETERSBURG, FL 33710 FILE D

03 JAN-9 PH 1: 36

SECRETARY OF STATE
FALLAHASSEE, FLORIDA

Having been named as registered agent and to accept service of process for the above-stated corporation at the place designated in this certificate, I hereby accept the appointment as registered agent and agree to act in this capacity. I further agree to comply with the provisions of all statutes relating to the proper and complete performance of my duties, and I am familiar with and accept the obligations of my position as registered agent.

SPIRO T. KOMNINOS