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SECULTARY OF STATE

# TRANSMITTAL LETTER

Department of State
Division of Corporations
P. O. Box 6327
Tallahassee, FL 32314

SUBJECT: NA	ue al Health & F.	Luass INC.	ia suffix)
	(130hosec	Confutate paris - times more	
Enclosed is an origina		les of incorporation and a	check for :
☑ \$70.00 Filing Fee	Cl \$78.75 Filing Fee & Certificate	□\$122.50 Filing Fee & Certified Copy	Cl \$131.25 Filing Fee, Certified Copy & Certificate
•	-	ADDITIONAL CO	PY REQUIRED
FROM:	Howard R. Womeldorph, Jr., CPA		
**	Name	(Printed or typed)	
	7416 Oak Run Lane		
		Address	
	Sarasota, Florida		
	Cli	y, Statp & Zip	,
••	(941) 727-8111		
	Daytime	Telephone number	

#### ARTICLES OF INCORPORATION

The undersigned incorporator, for the purpose of forming a corporation under the Florida Business Corporation Act, hereby adopts the following Articles of Incorporation.

#### **ARTICLE 1 - NAME**

The name of this corporation shall be:

NATURAL HEALTH & FITNESS, INC.

#### ARTICLE II - PRINCIPAL OFFICE

The principal place of business and mailing address of this corporation shall be:

1637 Oak Street, Apt 18, Sarasota, Florida 34236

#### **ARTICLE III - SHARES**

The number of shares of stock that this corporation is authorized to have at any one time is one million (1,000,000).

# ARTICLE IV - INITIAL REGISTERED AGENT AND STREET ADDRESS

The name and Florida street address of the initial registered agent are:

CORNELIS A. VERDAASDONK

1637 Oak Street, Apt 18, Sarasota, Florida 34236

### ARTICLE V - INCORPORATOR

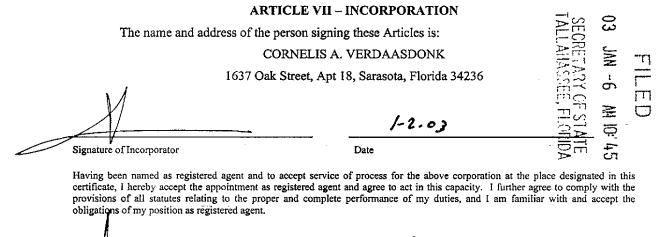
The name and address of the incorporator to these articles of Incorporation are:

CORNELIS A. VERDAASDONK

Address: 1637 Oak Street, Apt 18, Sarasota, Florida 34236

# ARTICLE VI - RESTRICTIONS ON MEMBERSHIP TO BOARD OF DIRECTORS

This corporation shall have one (1) director initially, who is CORNELIS A. VERDAASDONK. The number of directors may be increased or diminished from time to time, by Bylaws adopted by the stockholders, but shall never be less than one.



Date

Signature/Registered Agent