Electronic Articles of Incorporation For

P02000126941 FILED December 02, 2002 Sec. Of State

HEALTH & HAPPINESS INC.

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

HEALTH & HAPPINESS INC.

Article II

The principal place of business address:

256 THREE ISLANDS BLVD. SUITE 109 HALLANDALE BEACH, FL. 33009

The mailing address of the corporation is:

256 THREE ISLANDS BLVD. SUITE 109 HALLANDALE BEACH, FL. 33009

Article III

The purpose for which this corporation is organized is:

TO OFFER AND TEACH: 3HO KUNDALINI YOGA LIFESTYLE, SAT NAM SKELETAL THERAPY, (SNST), CYMATICS AND BIO ENERGETIC MEDICINE, AYURVEDIC HERBS AND GNLD WHOLE FOOD NUTRITION, THE SIKH MARTIAL ART OF GATKA, SIKH DHARMA, GURBANI KIRTAN

Article IV

The number of shares the corporation is authorized to issue is: 111,000

Article V

The name and Florida street address of the registered agent is:

GURU JIWAN S KHALSA 256 THREE ISLANDS BLVD. SUITE 109 HALLANDALE BEACH, FL. 33009 I certify that I am familiar with and accept the responsibilities of registered agent.

P02000126941 FILED December 02, 2002 Sec. Of State

Registered Agent Signature: GURU JIWAN SINGH KHALSA

Article VI

The name and address of the incorporator is:

GURU JIWAN SINGH KHALSA 256 THREE ISLANDS BOULEVARD SUITE 109 HALLANDALE BEACH FLORIDA, 33009, USA

Incorporator Signature: GURU JIWAN SINGH KHALSA

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P GURU JIWAN SINGH KHALSA DCBEM 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Title: VP GURU JIWAN SINGH KHALSA DCBEM 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Title: D SADHANA KAUR KHALSA 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Title: S AMRIT KAUR KHALSA 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Title: T GURU PRAKASH SINGH KHALSA 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Title: D AMRIT KAUR KHALSA 256 THREE ISLANDS BLVD., SUITE 109 HALLANDALE BEACH, FL. 33009 US

Article VIII

The effective date for this corporation shall be:

01/01/2003