

2008 FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# P02000074233

Entity Name: HEALTH & FITNESS EXPRESS, INC

FILED
Mar 11, 2008
Secretary of State

Current Principal Place of Business:

1218 SOUTH BERMUDA AVE.
KISSIMMEE, FL 34741

New Principal Place of Business:

Current Mailing Address:

179 BOSTON POST ROAD
MILFORD, CT 06460

New Mailing Address:

114 BEACH AVE.
MILFORD, CT 06460

FEI Number: 01-0736257

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

GERMAN, DANIEL J SR.
5308 E. IRLO BROWNSON HWY
ST. CLOUD, FL 34771 US

Name and Address of New Registered Agent:

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE:

Electronic Signature of Registered Agent

Date

Election Campaign Financing Trust Fund Contribution ().

OFFICERS AND DIRECTORS:

Title: P () Delete
Name: GERMAN, DANIEL
Address: 179 BOSTON POST RD.
City-St-Zip: MILFORD, CT 06460

ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS:

Title: P (X) Change () Addition
Name: GERMAN, DANIEL
Address: 114 BEACH AVE.
City-St-Zip: MILFORD, CT 06460

I hereby certify that the information supplied with this filing does not qualify for the exemption stated in Chapter 119, Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with an address, with all other like empowered.

SIGNATURE: DANIEL GERMAN

PRES

03/11/2008

Electronic Signature of Signing Officer or Director

Date