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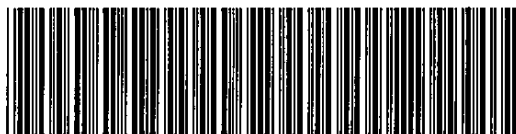
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Amend  
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**COVER LETTER**

**TO:** Amendment Section  
Division of Corporations

**NAME OF CORPORATION:** Best Health and Wellness, Inc

**DOCUMENT NUMBER:** P02000054779

The enclosed *Articles of Amendment* and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

Cynthia L. Tenberg, Esq.  
(Name of Contact Person)

Platt & Tenberg, P.A.  
(Firm/ Company)

2470 N.E. 23<sup>rd</sup> Street  
(Address)

Pompano Beach, FL. 33062  
(City/ State and Zip Code)

For further information concerning this matter, please call:

Cynthia L. Tenberg at ( 954 ) 784-6699  
(Name of Contact Person) (Area Code & Daytime Telephone Number)

Enclosed is a check for the following amount:

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is enclosed)

**Mailing Address**

Amendment Section  
Division of Corporations  
P.O. Box 6327  
Tallahassee, FL 32314

**Street Address**

Amendment Section  
Division of Corporations  
Clifton Building  
2661 Executive Center Circle  
Tallahassee, FL 32301

ARTICLES OF AMENDMENT  
TO  
ARTICLES OF INCORPORATION  
OF

BEST HEALTH AND WELLNESS, INC.

Pursuant to the provisions of Section 607.1006, Florida Statutes, this Florida Profit Corporation adopts the following amendment(s) to its Articles of Incorporation:

AMENDMENTS ADOPTED:

DELETE ARTICLE VII

This amendment was adopted October 5, 2006.

This amendment was approved by the shareholders. The number of votes cast for deletion of Article VII was sufficient for approval.

Signature: \_\_\_\_\_

By: Jamie Plastina, President/Director

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