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Florida Department of State
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FLORIDA PROFIT CORPORATION OR P.A.

INTEGRATED HEALTH AND WELLNESS, INC.

Certificate of Status	0
Certified Copy	1
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ARTICLES OF INCORPORATION
OF
INTEGRATED HEALTH AND WELLNESS, INC.

The undersigned, acting as incorporator of Integrated Health and Wellness, Inc. under the Florida General Corporation Act, adopts the following Articles of Incorporation.

ARTICLE I NAME

The name of the corporation is Integrated Health and Wellness, Inc.

ARTICLE II COMMENCEMENT OF EXISTENCE

The existence of the Corporation will commence on the date of subscription and acknowledgment of these Articles of Incorporation by the Secretary of State, State of Florida.

ARTICLE III PRINCIPAL PLACE OF BUSINESS

The principal place business shall be 1761 Coral Way, Miami, Fla. 33145.

ARTICLE IV DURATION

The corporation will exist perpetually.

ARTICLE V PURPOSE

This corporation shall serve as holding company that may engage in any activity or business permitted under the laws of the United States and Florida.

More specifically, the general purpose or purposes for which the holding company is organized are as follows:

Medical Center – Conventional and Alternative Medicine in the field of Pediatrics

Law Offices of Fernando Pomares
Pomares & Associates, P.A.
3431 SW 107th Avenue
Miami, Fla. 33165
Florida Bar Number- 088341

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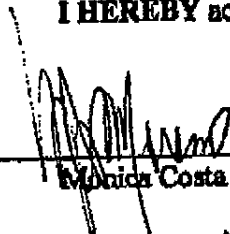
ARTICLE VI AUTHORIZED SHARES

The maximum number of shares that the corporation is authorized to have outstanding at this time is 1000 shares of Class A common stock, having par value of .001 cent per share. The consideration to be paid for each share of Class A common stock shall be fixed by the board of directors and may be paid in whole or in part in cash other property, tangible or intangible, or in labor or services actually performed for the corporation, with a value, in the judgment of the directors, equivalent to or greater than the full par value of the shares.

ARTICLE VII INITIAL REGISTERED OFFICE AND AGENT

The street address of the initial registered office of the corporation is 1761 Coral Way, Miami, Fla. 33145 and the name of the corporation's initial registered agent at the address is Monica Costa Moreno.

I HEREBY accept duties and responsibilities as Registered Agent



Monica Costa Moreno

ARTICLE VIII INITIAL BOARD OF DIRECTORS

The corporation shall have two directors initially. The number of directors may be either increased or diminished from time to time as provided in the bylaws, but shall never be less than one(1) or more than five (5): The name and street address of the initial directors are:

Name
Ramon Guevara, ^{D.O.} President / Treasurer

Address
1761 Coral Way
Miami, Fla. 33145

Monica Costa Moreno- Vice-President / Secretary

1761 Coral Way
Miami, Fla. 33145

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ARTICLE IX MANAGEMENT BY SHAREHOLDERS

All powers of the corporation shall be exercised by or under the authority of, and the business and affairs of the corporation shall be managed under the direction of the board of directors. The name and street addresses of the original shareholders are:

Name
Ramon Guevara, MD - D. O. 

Address
1761 Coral Way
Miami, Fla. 33145

Monica Costa Moreno

1761 Coral Way
Miami, Fla. 33145

ARTICLE X INCORPORATOR

The name and street address of the incorporator is:

Name
Ramon Guevara

Address
1761 Coral Way
Miami, Fla. 33145

The incorporator of the corporation assigns to this corporation his rights under Section 607.161, Florida Statutes, to constitute a corporation, and he assigns to those persons designated by the board of directors any rights he may have as incorporator to acquire any of the capital stocks of this corporation, this assignment becoming effective on the date corporate existence begins.

ARTICLE XI CUMULATIVE VOTING

Every shareholder having the right to vote at a meeting of shareholders shall be entitled, in any election of directors, to that number of voted equal to the number of shares held by that shareholder multiplied by the number of directors to be elected, and each shareholder may either

cast all those votes for a single candidate or distribute them among any two or more of the candidates. In voting on all other proposals, each shareholder having the right to vote shall be entitled to one vote for each share of voting stock held.

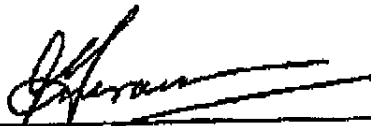
ARTICLE XII BYLAWS

The power to adopt, alter, amend, or repeal bylaws shall be vested in the board of directors and shareholder, except that the board of directors may not amend or repeal any bylaws adopted by the shareholders if the shareholders specifically provide that the bylaw is not subject to amendment or repeal by the directors.

ARTICLE XIII BYLAWS / ARTICLES

The corporation reserves the right to amend, alter, change or repeal any provision in these Articles of Incorporation in the manner prescribed by law, and all rights conferred on shareholders are subject to this reservation.

IN WITNESS WHEREOF, undersigned incorporator has executed these Articles of Incorporation this 30th day of August, 2001.


Ramon Guevara, MD, President / Treasurer

STATE OF FLORIDA
COUNTY OF DADE

The foregoing instrument was acknowledged before me on this 30th day of August, by Ramon Guevara, MD, D.O.


Notary Public
State of Florida Large

☒ Personal knowledge
☒ Produced identification
Type of identification: Signature

H 01 000099975**ACCEPTANCE OF APPOINTMENT AS REGISTERED AGENT**

Having been named as registered agent for Integrated Health and Wellness, Inc.,
 in the foregoing Articles of Incorporation, I, on behalf of Integrated Health and Wellness, Inc., a
 Florida corporation, hereby agree to accept service of process for said Corporation and to
 comply with any and all Statutes relative to the complete and proper performance of the duties of
 registered agent.

MONICA COSTA MORENO, REGISTERED AGENT

By: _____

Monica Costa Moreno

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