

**Electronic Articles of Incorporation  
For**

**P01000078888  
FILED  
August 10, 2001  
Sec. Of State**

MIND YOUR MUSCLES, INC.

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

**Article I**

The name of the corporation is:

MIND YOUR MUSCLES, INC.

**Article II**

The principal place of business address:

971 S.E. 2ND AVENUE  
POMPANO BEACH, FL. 33060

The mailing address of the corporation is:

971 S.E. 2ND AVENUE  
POMPANO BEACH, FL. 33060

**Article III**

The purpose for which this corporation is organized is:

PERSONAL AND GROUP FITNESS PROGRAM DESIGN, CONSULTING,  
INSTRUCTION AND TRAINING.

**Article IV**

The number of shares the corporation is authorized to issue is:

**Article V**

The name and Florida street address of the registered agent is:

JOANNA L DANIEL  
971 S.E. 2ND AVENUE  
POMPANO BEACH, FL. 33060

I certify that I am familiar with and accept the responsibilities of  
registered agent.

Registered Agent Signature: JOANNA DANIEL

**Article VI**

The name and address of the incorporator is:

JOANNA DANIEL  
971 S.E. 2ND AVENUE  
POMPANO BEACH, FL 33060

Incorporator Signature: JOANNA DANIEL

**Article VII**

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P  
JOANNA L DANIEL  
971 S.E. 2ND AVENUE  
POMPANO BEACH, FL. 33060

Title: V  
A. D DANIEL  
971 S.E. 2ND AVENUE  
POMPANO BEACH, FL. 33060