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MEYER & McDONALD
ATTORNEYS AND COUNSELORS AT LAW

A PARTNERSHIP OF ATTORNEYS
CERTIFIED PUBLIC ACCOUNTANT
AND CERTIFIED FINANCIAL PLANNER

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¹ ALSO CERTIFIED PUBLIC ACCOUNTANT
² ALSO CERTIFIED FINANCIAL PLANNER
³ ALSO ADMITTED WISCONSIN BAR

June 28, 2001

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Florida Department of State
Division of Corporations
The Capitol
409 E. Gaines Street
Tallahassee, Florida 32301

SECRETARY OF STATE
TALLAHASSEE, FLORIDA

01 JUL -5 AM 8:23

FILED

Re: Optimal Health & Wellness Center, Inc.

Gentlemen:

Enclosed is an original and a copy of Articles of Incorporation for Optimal Health & Wellness Center, Inc. Also enclosed is my check in the amount of \$70.00 in payment of the following fees:

Filing fee	\$ 35.00
Registered Agent fee	<u>35.00</u>
Total	\$70.00

Please file the original Articles of Incorporation and return the enclosed copy to me at your earliest opportunity with the document number and filing date stamped thereon.

Very truly yours,



Marshall McDonald, III

Enc.

A. CHESSEN JUL 9 2001

ARTICLES OF INCORPORATION
OF
OPTIMAL HEALTH & WELLNESS CENTER, INC.

FILED
01 JUL -5 AM 8:23
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

The undersigned incorporator, for the purpose of forming a corporation under the Florida Business Corporation Act, hereby adopts the following Articles of Incorporation:

ARTICLE 1 - NAME

The name of the corporation is Optimal Health & Wellness Center, Inc.

ARTICLE 2 - PRINCIPAL OFFICE

The principal place of business and mailing address of this corporation shall be 6894 Lake Worth Road, Lake Worth, Florida 33467.

ARTICLE 3 - CAPITAL STOCK

The number of shares of stock that this corporation is authorized to have outstanding at any one time is 1,000 shares.

ARTICLE 4 - INITIAL REGISTERED AGENT AND ADDRESS

The name and address of the initial registered agent is Marshall McDonald, III, 1070 E. Indiantown Road, Suite 312, Jupiter, Florida 33477.


ARTICLE 5 - INCORPORATOR

The name and address of the incorporator to these Articles of Incorporation is Marshall McDonald, III, 1070 E. Indiantown Road, Suite 312, Jupiter, Florida 33477.

ARTICLE 6 - DIRECTORS

The initial board of directors shall consist of one member. The name and address of the person who will serve on the initial board of directors is: Sabrina Morgen, 4390 Wellington Shores Drive, Wellington, Florida 33467.

Dated: June 28, 2001


Marshall McDonald, III
Incorporator

Having been named as registered agent and to accept service of process for the above stated corporation at the place designated in this certificate. I hereby accept the appointment as registered agent and agree to act in this capacity. I further agree to comply with the provisions of all statutes relating to the proper and complete performance of my duties, and am familiar with and accept the obligations of my position as registered agent.

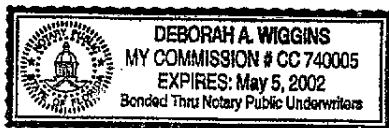
Dated: June 28, 2001

Marshall McDonald III

Marshall McDonald, III
Registered Agent

STATE OF FLORIDA
COUNTY OF PALM BEACH

The foregoing instrument was acknowledged before me this 28th day of June, 2001 by Marshall McDonald, III, who is personally known to me and who did not take an oath.



Deborah A. Wiggins

Deborah A. Wiggins
Notary Public, State of Florida

01 JUL -5 AM 8:23
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

FILED