

TRANSMITTAL LETTER

Department of State
Division of Corporations
P. O. Box 6327
Tallahassee, FL 32314

SUBJECT: MANAGE STRESS AND HEALTH, Inc.
(PROPOSED CORPORATE NAME - MUST INCLUDE SUFFIX)

Enclosed is an original and one(1) copy of the articles of incorporation and a check for :

☐ \$70.00
Filing Fee

☒ \$78.75
Filing Fee
& Certificate of Status

☐ \$78.75
Filing Fee
& Certified Copy

☐ \$87.50
Filing Fee,
Certified Copy
& Certificate of
Status

ADDITIONAL COPY REQUIRED

FROM: FRANCES M. MCCARTHY
Name (Printed or typed)

3090 W. Course Drive
Address

Bld 50, # 206
City, State & Zip

Pompano Beach Fl 33069
Daytime Telephone number
(954) 970-0829

300004455383--9
-07/02/01--01023--008
*****78.75 *****78.75

NOTE: Please provide the original and one copy of the articles.

FILED
2001 JUL -2 AM 11:05
SECRETARY OF STATE
TALLAHASSEE FLORIDA

7/9/01

**ARTICLES OF INCORPORATION
OF
MANAGE STRESS and HEALTH, Inc.**

FILED

2001 JUL -2 AM 11:05

SECRETARY OF STATE
TALLAHASSEE FLORIDA

ARTICLE I – NAME

The name of this Corporation is:

MANAGE STRESS and HEALTH, Inc.

ARTICLE II – DURATION

**This Corporation shall exist perpetually commencing on the date
these Articles are filed.**

ARTICLE III – PURPOSE

**This Corporation is organized for the transaction of any and all
lawful purpose.**

ARTICLE IV – CAPITAL STOCK

**This Corporation is authorized to issue five hundred shares of
\$1.00 par value, which said shares shall be designated as
“Common Shares”.**

**ARTICLE V – INITIAL REGISTERED AND PRINCIPAL OFFICE
AND AGENT**

**The street address of the initial registered and principal office of
the Corporation is:**

**3090 N. Course Drive
Bldg. 50, #206
Pompano Beach, Florida 33069**

The name of the initial Registered Agent of this Corporation is:

Frances M. McCarthy

ARTICLE VI – INITIAL BOARD OF DIRECTORS

This Corporation shall have (1) initial director. The number of directors may increase from time to time by the Bylaws, but shall never be less than one (1). The name and address of the initial director of the Corporation is:

**Frances M. McCarthy
3090 N. Course Drive
Bldg. 50, #206
Pompano Beach, Florida 33069**

ARTICLE VII – INCORPORATOR

The name and address of the person signing the Articles is:

**Frances M. McCarthy
3090 N. Course Drive
Bldg. 50, #206
Pompano Beach, Florida 33069**

ARTICLE VIII

This Corporation shall have all of the corporate powers enumerated in the Florida General Corporation Act.

ARTICLE XI - INDEMNIFICATION

This Corporation shall indemnify any officer or director, or any former officer or director, to the full extent permitted by law.


IN WITNESS WHEREOF, the undersigned subscriber has executed These Articles of Incorporation this 16th Day of June 2001.


Frances M. McCarthy

ACKNOWLEDGEMENT:

Having been named as Registered Agent to accept service of process for the above-stated Corporation, at a place designated in these Articles of Incorporation, I hereby agree to act in that capacity, to comply with the provisions of Florida Statutes Section 48.091 and any amendments thereto, and to comply with the Provisions of all other Statutes related to the proper and Complete performance of my duties.

IN WITNESS WHEREOF, I have hereunto set my hand this 16th Day of June 2001.


Frances M. McCarthy
Registered Agent

FILED
2001 JUL -2 AM 11:06
SECRETARY OF STATE
TALLAHASSEE FLORIDA