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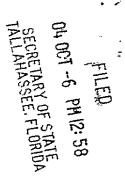
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SHERRI W. SINGLETON 84 W. Walnut St. #502 Asheville, NC 28801 (828) 279-2736

September 24, 2004

Via Certified US mail

Department of State Division of Corporations Corporate Filings P.O. Box 6327 Tallahassee, FL 32314

RE: In Control Lifestyle Management, Inc. Document # P01000027299

Dear Division of Corporations:

Enclosed you will find for filing the Articles of Dissolution of In Control Lifestyle Management, Inc. and a check to cover the \$35.00 filing fee.

We look forward to receiving a letter of acknowledgment. Thank you for your attention to this matter.

Sincerely,

In Control Lifestyle Management, Inc.

Enclosures

Sherri Singelton

President

ARTICLES OF DISSOLUTION OF IN CONTROL LIFESTYLE MANAGEMENT, INC.

Pursuant to section 607.1403, Florida Statutes, this Florida profit corporation submits the following Articles of Dissolution:

ARTICLE 1

The document number of the corporation is P01000027299.

ARTICLE 2

The file date of the Articles of Incorporation was March 16, 2001.

ARTICLE 3

Dissolution was authorized on September 24, 2004.

ARTICLE 4

The effective date of dissolution is September 24, 2004.

ARTICLE 5

No debt of the corporation remains unpaid. The net assets of the corporations have been distributed to the shareholders.

ARTICLE 6

Dissolution was approved unanimously by the shareholders.

Signed this 24th day of September, 2004.

IN CONTROL LIFESTYLE MANAGEMENT, INC.

Sherri W. Singleton

Shareholder/President/Secretary