CORPORATE ACCESS,

236 East 6th Avenue . Tallahassee, Florida 32303

INC.

P.O. Box 37066 (32315-7066) ~ (850) 222-2666 or (800) 969-1666. Fax (850) 222-1666

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ARTICLES OF INCORPORATION

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OF

TOTAL BODY MIND RELAXATION INC.

Pursuant to the provisions of Chapter 607, Florida Statutes, as amended, the following are hereby adopted and filed as the Articles of Incorporation of this Florida corporation for profit:

ARTICLE I - NAME

The name of this Corporation shall be: Total Body Mind Relaxation Inc.

ARTICLE II - INITIAL PRINCIPAL OFFICE

The initial principal place of business of the Corporation is:

2575 County Road 220 Suite 104 Middleburg, FL 32068

The initial mailing address of the Corporation is:

2575 County Road 220 Suite 104 Middleburg, FL 32068

ARTICLE III - DURATION

The Corporation is to commence its corporate existence on the date of filing by the Secretary of the State of Florida. This Corporation shall exist perpetually.

ARTICLE IV - PURPOSE

This Corporation is organized for the following purpose:

The transaction of any and all lawful business for which corporations may be incorporated, including but not limited to those powers enumerated in Florida Statutes §607.0302, et. seq., as amended, and the doing of all lawful things related thereto.

ARTICLE V - CAPITAL STOCK

This Corporation is authorized to issue Seven Thousand Five Hundred (7,500) shares of One and No/100 Dollars (\$1.00) par value common stock. Each outstanding share, regardless of class, shall be entitled to one (1) vote on each matter submitted to a vote at a meeting of the Shareholders, unless otherwise designated as "NONVOTING" by a resolution recorded in the Corporate Minute Book and a similar legend on the subject certificate(s). The shares of stock may be issued for such consideration, having a value not less than the par value of the shares issued therefor, as is determined from time to time by the Board of Directors, to be paid, in whole or in part, in cash or other property, tangible or intangible, or in labor or services actually performed for the Corporation.

ARTICLE VI - INITIAL REGISTERED AGENT AND OFFICE

The name of the initial registered agent and the street address of the initial registered agent of this Corporation is:

Michelle L. Penberthy 2575 County Road 220 Suite 104 Middleburg, FL 32068

ARTICLE VII - INITIAL BOARD OF DIRECTORS

This Corporation shall have one (1) Director initially. The number of Directors may be either increased or decreased from time to time but shall never be less than one (1). All corporate powers shall be exercised by and under the authority of, and the business and affairs of the Corporation shall be managed under the direction of, the Board of Directors. Any and all powers and duties conferred to or imposed upon the Board of Directors, shall be by a resolution of the Shareholders and/or contained within the duly adopted Bylaws of the Corporation.

The name and address of the initial Director is:

Michelle L. Penberthy 2575 County Road 220 Suite 104 Middleburg, FL 32068

ARTICLE VIII - RESTRAINT ON TRANSFER OF SHARES

The Shareholders may, by agreement, impose any reasonable restraint on the transfer or alienation of shares.

ARTICLE IX - INDEMNIFICATION

The Corporation may indemnify any present or former Officer, incorporator, or Director, or person exercising powers and duties of a Director, to the full extent now or hereafter permitted by law.

ARTICLE X - AMENDMENT

The Shareholders reserve the right to alter, amend or repeal any provisions contained in these Articles of Incorporation, or to adopt new provisions. These Articles of Incorporation may be amended by a simple majority vote (greater than 50%) of the voting stock of the Corporation that is present, at any regular meeting of the Shareholders or at any special meeting of the Shareholders called for that purpose. These Articles of Incorporation may be amended without a meeting as provided for in the Bylaws.

ARTICLE XI - INCORPORATOR

The name and address of the person signing these Articles of Incorporation is:

David A. King Attorney at Law 1416 Kingsley Avenue Orange Park, Florida 32073

IN WITNESS WHEREOF, the undersigned incorporator has executed these Articles of Incorporation, this $10^{\rm th}$ day of October, 2000.

DAVID A KING

CERTIFICATE OF ACCEPTANCE OF REGISTERED AGENT

COOL STATES

Pursuant to Section 48.091 and 607.0501, Florida Statutes, the following is submitted:

Total Body Mind Relaxation Inc.,

desiring to organize under the laws of the State of Florida,

with its principal office as indicated in the Articles of

Incorporation in the State of Florida, has named as its

agent to accept service of process within this State:

Michelle L. Penberthy 2575 County Road 220 Suite 104 Middleburg, FL 32068

ACKNOWLEDGEMENT:

Having been named as Registered Agent to accept service of process for the above stated Corporation, at the place designated in this certificate, I hereby acknowledge that I am familiar with said Act and I hereby agree to act in this capacity, and agree to comply with the provisions of said Act.

Michelle L. Penberthy