

2010 FOR PROFIT CORPORATION AMENDED ANNUAL REPORT

DOCUMENT# P00000068743

FILED
Jul 15, 2010
Secretary of State

Entity Name: UP & RUNNING ON THE EAST COAST, INC.

Current Principal Place of Business:

1210 S. ORLANDO AVENUE
COCOA BEACH, FL 32931

New Principal Place of Business:

800 POINSETTA DRIVE, #5
INDIAN HARBOUR BEACH, FL 32937

Current Mailing Address:

1210 S. ORLANDO AVENUE
COCOA BEACH, FL 32931

New Mailing Address:

800 POINSETTA DRIVE, #5
INDIAN HARBOUR BEACH, FL 32937

FEI Number: 59-3657137

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

SPARKS, REBECCA L
1210 S ORLANDO AVE
COCOA BEACH, FL 32931 US

Name and Address of New Registered Agent:

RING, ELIZABETH L
800 POINSETTA DRIVE, #5
INDIAN HARBOUR BEACH, FL 32937 US

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE: ELIZABETH L RING

07/15/2010

Electronic Signature of Registered Agent

Date

OFFICERS AND DIRECTORS:

Title: SDVS
Name: RING, ELIZABETH L
Address: 800 POINSETTA DRIVE, #5
City-St-Zip: INDIAN HARBOUR BEACH, FL 32937

Title: VTD
Name: RING, ELIZABETH L
Address: 800 POINSETTA DRIVE, #5
City-St-Zip: INDIAN HARBOUR BEACH, FL 32937

I hereby certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with all other like empowered.

SIGNATURE: ELIZABETH L RING

SDVS

07/15/2010

Electronic Signature of Signing Officer or Director

Date