

Electronic Articles of Incorporation For

**N24000005214
FILED
April 25, 2024
Sec. Of State
tscott**

FTRE 40 FITNESS MEALS INC

The undersigned incorporator, for the purpose of forming a Florida not-for-profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

FTRE 40 FITNESS MEALS INC

Article II

The principal place of business address:

10841 LYDIA ESTATES DRIVE
JACKSONVILLE,, FL. 32218 US

The mailing address of the corporation is:

10841 LYDIA ESTATES DRIVE
JACKSONVILLE,, FL. 32218 US

Article III

The specific purpose for which this corporation is organized is:

THE PURPOSE OF THIS ORGANIZATION IS TO PROVIDE HEALTH AND WELLNESS LESSONS/ WORKSHOPS TO YOUTH AND ADULTS. THE LESSONS INCLUDE HEALTHY EATING/ MEAL PREP OPTIONS INCLUDING EXERCISES THAT CAN BE DONE ANYWHERE.

Article IV

The manner in which directors are elected or appointed is:

APPOINTED BY INCORPORATOR

Article V

The name and Florida street address of the registered agent is:

SONJA L SAMS
10841 LYDIA ESTATES DRIVE
JAX, FL. 32218

I certify that I am familiar with and accept the responsibilities of registered agent.

Registered Agent Signature: SONJA SAMS

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Article VI

The name and address of the incorporator is:

SONJA SAMS
10841 LYDIA ESTATES DRIVE

JAX, FL 32218

Electronic Signature of Incorporator: SONJA SAMS

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P
SONJA SAMS
10841 LYDIA ESTATES DRIVE
JAX, FL. 32218 US

Title: VP
LAUREN SAMS
10841 LYDIA ESTATES DRIVE
JAX, FL. 32218 US

Title: VP
WILLIAM SAMS
10841 LYDIA ESTATES DRIVE
JAX, FL. 32218 US

Article VIII

The effective date for this corporation shall be:

05/15/2024