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COVER LETTER

TO: Amendment Section Division of Corporations

SUPPORT, EDUCATION, AWARENESS AND VALIDATION FOR EATING DISORDERS AND SELF-CARE, INC.

NAME OF CORPORATION	N:				
N.	23000007887				
DOCUMENT NUMBER: _					
The enclosed Articles of Amer	ndment and fee are sub-	mitted for filing.			
Please return all corresponden	ce concerning this matt	er to the following:			
Leah Stiles					
		(Name of Contact	Person)		
SUPPORT, EDUCATION, AWAREN	ESS - WELLNESS AND VA	LIDATION FOR EATE	NG DISOR	DERS AN	D SELF-CARE, INC
		(Firm/ Compa	ny)		
15747 FOUNTAIN SPRINGS	RD.				
		(Address)			
WINTER GARDEN, FL 3478	7				
	- · · · · ·	(City/ State and Zi	p Code)		
LeahStiles@sea-waves.org					
E-1	nail address: (to be used	for future annual	report no	tification	<u>)</u>
For further information concer	rning this matter, please	call:			
Leah Stiles			757		675-2098
1)	Name of Contact Person	1)	(Area	(Code	(Daytime Telephone Number)
Enclosed is a check for the fol	lowing amount made pa	ayable to the Florid	la Depart	ment of	State:
□ \$35 Filing Fee ■	■\$43.75 Filing Fee & Certificate of Status	☐\$43.75 Filing For Certified Copy (Additional copy enclosed)		Cenifi Cenifi	Filing Fee cate of Status ed Copy ional Copy is sed)
Mailing Ad	dress	<u> </u>	Street A	ddress	

Amendment Section Division of Corporations P.O. Box 6327

Tallahassee, FL 32314

Amendment Section
Division of Corporations
The Centre of Tallahassee
2415 N. Monroe Street, Suite 810
Tallahassee, FL 32303

Articles of Amendment

Articles of Incorporation

of

SUPPORT, EDUCATION, AWARENESS AND VALIDATION FOR EATING DISORDERS AND SELF-CARE, INC.

(Name of Corporation as currently filed with the Florida N23000007887	Dept. of State)	
(Document Numb	ber of Corporation (if known)	
Pursuant to the provisions of section 617,1006, Florida Statut amendment(s) to its Articles of Incorporation:	tes, this Florida Not For Profit Corporation adopts	the following
A. If amending name, enter the new name of the corpora support, education, awareness - wellness and validation	tion: ON FOR EATING DISORDERS AND SELF-CARE, INC	The new
name must be distinguishable and contain the word "corpord "Company" or "Co." may not be used in the name.	ation" or "incorporated" or the abbreviation "Corp N/A	
B. Enter new principal office address, if applicable: (Principal office address MUST BE A STREET ADDRESS		
C. Enter new mailing address, if applicable: (Mailing address MAY BE A POST OFFICE BOX)	N/A	1 6592
D. If amending the registered agent and/or registered offinew registered agent and/or the new registered office:		:
N/A Name of New Registered Agent:		л С.
New Registered Office Address:	(Florida street address)	
N/A	, Florida	
	(City) (Zip Code)	
New Registered Agent's Signature, if changing Registered I hereby accept the appointment as registered agent. I am fa		<i>n</i> .
<u></u>	Signature of New Registered Agent, if changing	

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

P = President; V = Vice President; T = Treasurer; S = Secretary; D = Director; TR = Trustee; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

Example: X Change X Remove X Add	PT John I Y Mike S SV Sally S	<u>lones</u>	
Type of Action (Check One)	Title	<u>Name</u>	<u>Addres</u> s
1) Change Add	CEO	Leah Stifes	15747 FOUNTAIN SPRINGS RD. WINTER GARDEN, FL 34787
Remove			
2) Change Add			
Remove 3) Change Add Remove			
4) Change Add			
Remove			
5) Change Add			
Remove			
6) Change Add			
Remove			
E. If amending or additional sheet	ng additional Ar ets. if necessary).	ticles, enter change(s) here; (Be specific)	
See attoched.			
-			
			

		
		
		-
		
		
	<u> </u>	, if other than th
date this document was signed. N/A		
(no	more than 90 days after amendment file date)	
Note: If the date inserted in this block does not document's effective date on the Department of	of state's records.	fate will not be listed as the
Adoption of Amendment(s) (C	HECK ONE)	
The amendment(s) was/were adopted by was/were sufficient for approval.	the members and the number of votes cast for the amend	ment(s)

adopted by the b	oard of directors.
Dated Signatur	
	(By the charman or vice chairman of the board, president or other officer-if directors have not been selected, by an incorporator – if in the hands of a receiver, trustee, or other court appointed fiduciary by that fiduciary)
	LEAH STILES
	(Typed or printed name of person signing)
	FOUNDER / AGENT/ CEO
	(Title of person signing)

There are no members or members entitled to vote on the amendment(s). The amendment(s) was/were

SEA WAVES

Attachment to Articles of Incorporation

Corporate Purpose Statement and IRS Provisions:

A. Our mission is to empower service members and their families by providing awareness, resources, and education to address eating disorders within the military community. We strive to reduce stigma, promote early intervention, and support the recovery and overall well-being of military personnel impacted by eating disorders. Through strategic partnerships and tailored programs, we aim to create a culture of understanding, support, and resilience, ensuring that every service member has access to the necessary tools and assistance needed to overcome eating disorders and achieve optimal health and mission readiness.

- B. This organization is a nonprofit charitable organization and is not organized for the private gain of any person. It is organized exclusively for charitable purposes, including for such purposes, the making of distributions to organizations that qualify as exempt organizations under Section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code. C. Notwithstanding any other provision of these articles of incorporation, this organization shall not engage in any activities or exercise any powers that are not in furtherance of the purposes of this organization, and the organization shall not carry on any other activities not permitted to be carried on (a) by an organization exempt from federal income tax under Section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or (b) by an organization, contributions to which are deductible under Section 170(c)(2) of the Internal Revenue Code, or the corresponding section of any future federal tax code.
- D. No substantial part of the activities of this organization shall be the carrying on of propaganda, or otherwise attempting to influence legislation, except as otherwise provided by Section 501(h) of the Internal Revenue Code, and the organization shall not participate in or intervene in (including the publishing or distribution of statements) any political campaign on behalf of, or in opposition to, any candidate for public office.
- E. The property of this organization is irrevocably dedicated to charitable purposes. No part of the net earnings of the organization shall inure to the benefit of, or be distributable to, its directors, officers, members, or other private persons, except that the organization shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in the purpose clause hereof.
- F. Upon the dissolution of the organization, assets remaining after payment, or provision for payment, of all debts and liabilities of this organization, shall be distributed for one or more exempt purposes within the meaning of Section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or shall be distributed to a nonprofit fund, foundation, or organization which is organized and operated for charitable purposes and which has established its tax-exempt status under Section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code. Any such assets not so disposed of shall be disposed of by a court of competent jurisdiction of the county in which the principal office of the organization is then located, exclusively for such purposes or to such organization or organizations, as said court shall determine, which are organized and operated exclusively for such purposes.