

**Electronic Articles of Incorporation
For**

N21000012971
FILED
November 08, 2021
Sec. Of State
tjschroeder

CALM AND GROUNDED, INC.

The undersigned incorporator, for the purpose of forming a Florida not-for-profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

CALM AND GROUNDED, INC.

Article II

The principal place of business address:

2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062

The mailing address of the corporation is:

2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062

Article III

The specific purpose for which this corporation is organized is:

TO RAISE AWARENESS AND BRING THE HEALING POWERS OF YOGA AND
AYURVEDA TO IMPROVE MENTAL HEALTH, EMOTIONAL HEALTH AND
MOOD TO THOSE RECOVERING FROM OR LIVING WITH MENTAL HEALTH,
TRAUMA AND ADDITION CHALLENGES.

Article IV

The manner in which directors are elected or appointed is:

AS PROVIDED FOR IN THE BYLAWS.

Article V

The name and Florida street address of the registered agent is:

JUANITA RODGERS
2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062

I certify that I am familiar with and accept the responsibilities of
registered agent.

Registered Agent Signature: JUANITA RODGERS

Article VI

The name and address of the incorporator is:

JUANITA RODGERS
2637 E. ATLANTIC BLVD. #24685

POMPANO BEACH FL 33062

Electronic Signature of Incorporator: JUANITA RODGERS

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: PRES
JUANITA RODGERS
2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062

Title: VP
SCHUYLER WILLIAMS
2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062 UN

Title: SEC
DARNELL WILLIAMS
2637 E. ATLANTIC BLVD. #24685
POMPANO BEACH, FL. 33062