

N2000000 6095

(Requestor's Name)

(Address)

(Address)

(City/State/Zip/Phone #)

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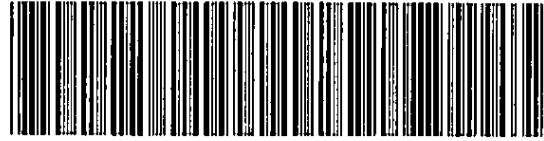
(Business Entity Name)

(Document Number)

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CORPORATIONS
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COVER LETTER

TO: Amendment Section
Division of Corporations

NAME OF CORPORATION: Body Talk and General Wellness Corp

DOCUMENT NUMBER: N20000006095

The enclosed *Articles of Amendment* and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

Cintia Guardia

(Name of Contact Person)

Body Talk and General Wellness Corp

(Firm/ Company)

4505 S Ocean Blvd apt 104

(Address)

Highland Beach - FL 33487

(City/ State and Zip Code)

cintialmt@hotmail.com

E-mail address: (to be used for future annual report notification)

For further information concerning this matter, please call:

Cintia Guardia

786

5155947

(Name of Contact Person)

(Area Code)

(Daytime Telephone Number)

Enclosed is a check for the following amount made payable to the Florida Department of State:

- | | | | |
|------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> \$35 Filing Fee | <input type="checkbox"/> \$43.75 Filing Fee &
Certificate of Status | <input type="checkbox"/> \$43.75 Filing Fee &
Certified Copy
(Additional copy is
enclosed) | <input checked="" type="checkbox"/> \$52.50 Filing Fee
Certificate of Status
Certified Copy
(Additional Copy is
Enclosed) |
|------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|

Mailing Address

Amendment Section
Division of Corporations
P.O. Box 6327
Tallahassee, FL 32314

Street Address

Amendment Section
Division of Corporations
The Centre of Tallahassee
2415 N. Monroe Street, Suite 810
Tallahassee, FL 32303

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FILED
DIVISION OF STATE
CORPORATIONS

Articles of Amendment
to
Articles of Incorporation
of

Body Talk and General Wellness Corp

(Name of Corporation as currently filed with the Florida Dept. of State)

(Document Number of Corporation (if known))

Pursuant to the provisions of section 617.1006, Florida Statutes, this **Florida Not For Profit Corporation** adopts the following amendment(s) to its Articles of Incorporation:

A. If amending name, enter the new name of the corporation:

N/A

The new name must be distinguishable and contain the word "corporation" or "incorporated" or the abbreviation "Corp." or "Inc." "Company" or "Co." may not be used in the name.

B. Enter new principal office address, if applicable:

N/A

(Principal office address **MUST BE A STREET ADDRESS**)

C. Enter new mailing address, if applicable:

N/A

(Mailing address **MAY BE A POST OFFICE BOX**)

D. If amending the registered agent and/or registered office address in Florida, enter the name of the new registered agent and/or the new registered office address:

Name of New Registered Agent: N/A

(Florida street address)

New Registered Office Address:

(City)

Florida

(Zip Code)

New Registered Agent's Signature, if changing Registered Agent:

I hereby accept the appointment as registered agent. I am familiar with and accept the obligations of the position.

Signature of New Registered Agent, if changing

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CLERK OF THE
SUPREME COURT
JUL 20 2023

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

P = President; V= Vice President; T= Treasurer; S= Secretary; D= Director; TR= Trustee; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change. Mike Jones leaves the corporation. Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

Example:

<input checked="" type="checkbox"/> Change	<u>PT</u>	<u>John Doe</u>
<input checked="" type="checkbox"/> Remove	<u>V</u>	<u>Mike Jones</u>
<input checked="" type="checkbox"/> Add	<u>SV</u>	<u>Sally Smith</u>

<u>Type of Action</u> (Check One)	<u>Title</u>	<u>Name</u>	<u>Address</u>
1) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____
2) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____
3) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____
4) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____
5) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____
6) <input type="checkbox"/> Change <input type="checkbox"/> Add <input type="checkbox"/> Remove	_____	_____	_____ _____ _____

E. If amending or adding additional Articles, enter change(s) here:

(attach additional sheets, if necessary). (Be specific)

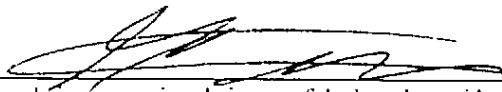
Added Article listing Principal Place of Business. Amended articles titled "Manner of Election of Directors"

and "Meetings" to refer to those provisions in the Bylaws. Amended article on Amendments to require an affirmative
vote of 2/3 of the Board to amend these Articles of Incorporation.

☐ The amendment(s) was/were adopted by the members and the number of votes cast for the amendment(s) was/were sufficient for approval.

- ☒ There are no members or members entitled to vote on the amendment(s). The amendment(s) was/were adopted by the board of directors.

Dated 06/11/2020 _____

Signature  _____
(By the chairman or vice chairman of the board, president or other officer-if directors have not been selected, by an incorporator – if in the hands of a receiver, trustee, or other court appointed fiduciary by that fiduciary)

Clintia Amstalden Guardia

(Typed or printed name of person signing)

President

(Title of person signing)

June 11, 2020

Pursuant to the provisions of section 617.1006, Florida Statutes, this Florida Not For Profit Corporation adopts the following amendment(s) to its Articles of Incorporation:

Articles of Incorporation of Body Talk and General Wellness, majority of whom are citizens of the United States, desiring to form a Non-Profit Corporation under the Non-Profit Corporation Law of the State of Florida pursuant to chapter 16 Florida Statute, do hereby certify:

The name of the Corporation shall be Body Talk and General Wellness Corp, that the undersigned agree to act in accordance with the laws as provided in Florida Statutes, but are limited as follows : to provide general health wellbeing through holistic ways to Rural areas and low income families & communities, and pain management, in home and in our local "studio", through Massage & Neuromuscular Therapy in home and in at corporation and with the use of rescued animals . Said Corporation will provide food, shelter, socialization, sanitary for people and services and veterinary care for animals in it's care and will seek to purchase, or accept animals in need of care. Said Corporation will educate the general public as to endangered status of many of the refuge's residents and will promote preservation of both wildlife and it's habitat on a global basis . Corporation will educate the general public as to holistic ways to manage pain and improve general wellbeing, Said corporation will implement a broad base campaign to seek donations from general public, through regularly operated public display and public appearances, and fund raisers to provide the required food, shelter to people and custodial and veterinary care for said animals and Said to provide equipment and aid such as kinesiology tape, massage tables, vehicles for in home charity services, and a shelter space for charity services to be provided to public, massage lotions and ointments and all needy equipment's and aids necessary to provide the community with pain relief and general wellness . Said corporation is organized exclusively for charitable, religious, educational, and scientific purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code.

The names and addresses of the persons who are the initial trustees of the corporation are as follows:

Cintia Guardia Address 4505 S ocean Blvd apt 104, Highland Beach - FL 33487

CEO and Founder

Nicole Samuelson 4505 S Ocean blvd apt 104, Highland Beach - FL 33487

VP

Thomas Samuelson 4505 S Ocean Blvd apt 104, Highland Beach FL 33487

Director

PRINCIPAL PLACE OF BUSINESS

4505 S Ocean Blvd apt 104
Highland Beach - FL 33487

MANNER OF ELECTION OF DIRECTORS

Directors shall be elected or appointed as provided in the Bylaws of the Corporation. As this is a nonprofit and non stock corporation, there are no members and no membership.

No part of the net earnings of the corporation shall inure to the benefit of, or be distributable to its members, trustees, officers, or other private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in Article Third hereof. No substantial part of the activities of the corporation shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of or in opposition to any candidate for public office.

Notwithstanding any other provision of these articles, the corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or (b) by a corporation, contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code, or the corresponding section of any future federal tax code.

DISSOLUTION

Upon the dissolution of the corporation, assets shall be distributed for one or more exempt purposes within the meaning of section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government, for a public purpose. Any such assets not so disposed of shall be disposed of by a Court of Competent Jurisdiction of the county in which the principal office of the corporation is then located, exclusively for such purposes or to such organization or organizations, as said Court shall determine, which are organized and operated exclusively for such purposes.

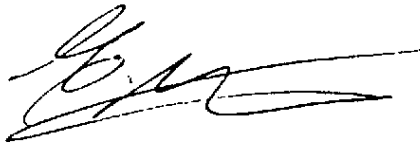
MEETINGS

Meetings shall be held in accordance with the Bylaws of the Corporation. The fiscal year end shall be on the last day of December each year.

Amendments:

These articles of Incorporation may be amended by an affirmative vote of two thirds (2/3) of the members of the Board of Directors present at a duly constituted meeting.

We, the undersigned being each of the current officers and directors, for the purpose of amending and restating the Articles of Incorporation of this nonprofit corporation pursuant to laws of the State of Florida, do make this certificate, hereby declaring and certifying the facts herein stated are true, and accordingly have hereunto set our hands
this 11 day of June 2020

A handwritten signature in black ink, appearing to read 'Cintia Guardia', with a stylized, flowing script.

Pres Cintia Guardia

A handwritten signature in black ink, appearing to read 'Nicole Samuelson', with a stylized, flowing script.

VP Nicole Samuelson

A handwritten signature in black ink, appearing to read 'Thomas Samuelson', with a stylized, flowing script.

Sec Thomas Samuelson