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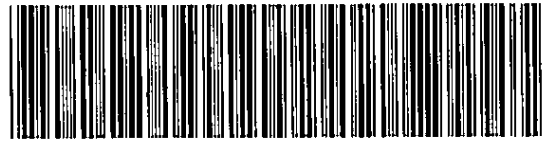
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DIVISION OF CORPORATIONS  
19 JUN 26 PM 12:04  
TALLAHASSEE, FLORIDA



FLORIDA DEPARTMENT OF STATE  
Division of Corporations

May 13, 2019

KAMESHA WILLIAMS  
2452 AVENUE A SW  
WINTER HAVEN, FL 33880 US

SUBJECT: MIND BODY AND SOUL, INC.  
Ref. Number: W19000047008

We have received your document for MIND BODY AND SOUL, INC. and your check(s) totaling \$90.00. However, the enclosed document has not been filed and is being returned for the following correction(s):

The name designated in your document is unavailable since it is the same as, or it is not distinguishable from the name of an existing entity.

One or more major words may be added to make the name distinguishable from the one presently on file.

The document number of the name conflict is L15000112031.

Please return your document, along with a copy of this letter, within 60 days or your filing will be considered abandoned.

If you have any questions concerning the filing of your document, please call (850) 245-6052.

Ingrid D Kelly  
Regulatory Specialist II

Letter Number: 519A00009628

2019 JUN 13 10:11:10

## COVER LETTER

Department of State  
Division of Corporations  
P. O. Box 6327  
Tallahassee, FL 32314

**SUBJECT:** MIND BODY AND SOUL OUTREACH INC. EIN-83-2929597

**(PROPOSED CORPORATE NAME – MUST INCLUDE SUFFIX)**

Enclosed is an original and one (1) copy of the Articles of Incorporation and a check for :

☐ \$70.00  
Filing Fee

☐ \$78.75  
Filing Fee &  
Certificate of  
Status

☐ \$78.75  
Filing Fee  
& Certified Copy

☒ \$87.50  
Filing Fee,  
Certified Copy  
& Certificate

**ADDITIONAL COPY REQUIRED**

**FROM:** KAMESHA WILLIAMS  
\_\_\_\_\_  
Name (Printed or typed)

2452 AVENUE A SW  
\_\_\_\_\_  
Address

WINTER HAVEN, FLORIDA 33880  
\_\_\_\_\_  
City, State & Zip

863-804-9938  
\_\_\_\_\_  
Daytime Telephone number

kameshawilliams15@yahoo.com

E-mail address: (to be used for future annual report notification)

**NOTE: Please provide the original and one copy of the articles.**

**Article of Incorporation**  
**Of**  
**Mind Body And Soul Outreach, Inc.**

We the undersigned natural persons of age twenty-one (21) years or more, acting as incorporators of a corporation, Not for Profit, adopt the following Articles of Incorporation for such Corporation pursuant to Chapter, 617, of Title 34 of the Statues of the State of Florida.

**Article I**

**Name**

The name of this corporation is Mind Body And Soul Outreach, Inc.

**Article II**

**Duration**

The period of duration of this corporation is perpetual.

**Article III**

**Principal Office, Registered Agent and Address**

The address of the Corporation's principal office is 2452 Avenue A SW, Winter Haven, Florida 33880. The registered agent of the Corporation is Kamesha Williams, whose address is 2452 Avenue A SW, Winter Haven, Florida 33880.

**Article IV**

**Corporate Seal**

The corporate Seal of the Corporation shall have inscribed thereon the name of the Corporation, the year of its incorporation and words "CORPORATE SEAL" AND "FLORIDA".

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## Article V

### Purposes

The Purpose for which the corporation is organized is exclusively for charitable, religious, educational, and scientific, that are described in Section 501(c ) (3 ) of the Internal Revenue Code of 1986; (or the corresponding provisions of any future United States Internal Revenue Law )

1. Mind Body and Soul Outreach, Inc (MBASO) to provide a safe space for middle and high school girls to communicate with each other to talk straight about their feelings, school and their life. Self-Care Issues and mental health

- Self-Care
- Self-Image
- Empowerment
- Education development
- Leadership Development
- Mental Health and Health Education
- Financial Awareness
- Career Development
- Public Service for others
- The Arts, Dance/Music etc.

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#### Specific program Components: (Family)

- Life skills training; may include family literacy, education, employment or vocational training;
- Enhancement of personal development skills, Problem solving, stress reduction and improving communication skills

#### Parent information classes and support groups:

- Provide for instruction in child development and opportunities to share experiences and concerns with peers;
- Parent-Child group and family Activities: Providing occasions for parents to spend time with their children, staff members and other parents;

#### Parent child group and family Activities:

- Providing occasions for parents to spend time with Parent-Child group and family Activities: Providing occasions for parents to spend time with their children, staff members and other parents;

Criss Intervention/family Counseling: Provide short-term supportive counsel, while obtaining appropriate and needed services.

Information and Referral Services: Provide information and easy accessibility to community and local services providers and practitioners

In furtherance, but not limitation of the foregoing purposes, the corporation shall have the power and authority:

1. To receive assistance, money (a grants or otherwise), real or personal property and any other form of contribution, gifts, bequest or devise from any person, firm or corporation to be utilized in the furtherance of the necessary, objects and purposes of this Corporation; to enter into agreements or contracts for contributions for its objects and purposes, provided however, that gifts shall be subject to acceptance by the **Board of Directors** as required by the bylaws;
2. To distribute in the manner, form and method, by means determine by the Board of this corporation, any and all forms of contributions received by it in carrying out the programs of the corporation in furtherance of its stated purposes. Money and real property contributed to the corporation in furtherance of its objects and purposes shall to be given in trust for such purposes; and
3. Each and all of the objects, purposes and powers of the Corporation, however, shall be exercised, construed and limited in their application to accomplish the purpose for which this Corporation is formed.

## **Article VI**

### **Limitation**

1. Notwithstanding any other provision of these articles, this corporation shall not carry on any activities not permitted to be carried on by an organization exempt from Income tax under section 501 (c ) (3 ) of the Internal Revenue Code of 1986 or the corresponding provisions of any future United States Internal Revenue Law.
2. The Corporation shall not carry on propaganda or otherwise attempt in any way to influence legislation or participate or intervene in (including the publishing or distributing of statement), any political campaign on behalf of any candidate for public office.
3. No Part of the net earnings of the corporation shall be disseminated to the benefit of, its Directors, officers and members except that the Corporation shall authorize the

empowered to pay reasonable compensation for services rendered and to make payments and distribution in furtherance of the purpose set forth above.

#### **Articles VII**

##### **Membership**

The Corporation shall have members

#### **Articles VIII**

##### **Board of Directors**

The management of the corporation shall be vested in a Board of Directors. The number of Directors is four (4). The number of Directors may be increased or decreased from time to time in accordance with the Bylaws but shall not be less than four (4 ). The Directors shall be elected in the manner prescribed by the Bylaws.

The name and address of each Director and their position in Corporation are as follows:

Kamesha Williams, President -CEO  
2452 Ave. A SW  
Winter Haven FL 33880

Tauren Williams, Secretary  
2452 Avenue A SW  
Winter Haven , FL 33805

Angela Edom , Vice President  
706 17<sup>th</sup> Street NE  
Winter Haven, FL 3380

Jackie Tayler, Treasurer (CFO)  
11148 Rising Mist BLVD  
Riverview, FL 33578

#### **Board Members**

Sher Felming  
905 Adamson Court  
Lake Alferd, FL 33850

Jo Shawna Jenkins  
922 S. Char M.L Ave  
Lake Alferd, FL 33850

Timothy Brown  
4355 Corporate Ave. Unit 76  
Lakeland, FL33809

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## **Article IX**

### **Dissolution**

The regulation of internal affairs of the Corporation, including the distribution of assets on dissolution, shall be provided for in the bylaws and shall include the following:

(1). upon dissolution of the Corporation or winding down of its affairs, the assets of the Corporation shall be applied and distributed as follows:

- (a) All liabilities and obligations of the Corporation shall be paid, satisfied and discharged, or adequate provisions shall be made;
- (b) Assets held by the corporation upon condition requiring, return, transfer or conveyance, which condition occurs by reason of the dissolution or winding down, shall be returned, transferred or conveyed in accordance with such requirements ; and
- (c) All remaining assets not disposed of under either of the preceding Paragraphs ( a ) or ( b ) shall be transferred or conveyed to one or more Charitable, education, or scientific organizations as
- (d) ( i), which are described in section 509 (a) (1), (2 ), or (3), and (ii), to which deductible contributions can be made under Section 170 (c) (2), 2522 (a) (2), as the Board of Directors shall select.

## **Article X**

### **Indemnification**

Every Director and Officer of the Corporation shall be indemnified by the corporation against all expenses and liabilities, including counsel fees, reasonably incurred by or imposed in connection with and proceeding or any settlement of any proceeding (including any appeal thereof) to which a director or officer may be a party or may become involved by reason of being or having been a director or officer at the time such expense incurred, except when the director or officer is adjudged guilty of, or liable for, willful misfeasance in the performance of duties; provided that the event of a settlement before entry of judgment, the indemnification shall apply only when the Board of Directors approve such settlement and reimbursement as being in the best interest of the Corporation. The foregoing right of indemnification shall be in addition to and not exclusive



of all other rights to which such directors or officers maybe entitled by law. Appropriate liability insurance shall be provided for every officer, director and agent of the Corporation in amounts determined from time to time by the Board.

#### **Article XI** **Advisory Board**

The Board of Directors may select an Advisory Board whose purpose shall be to constructively advise the Board of Directors. The Advisory Board shall in no way have a vote in any matters of the Board of Directors.

#### **Articles XII**

##### **Fiscal Year**

The fiscal year of the Corporation shall begin January 1 and end on December 31 of each calendar year.

#### **Article XIII**

##### **Territory**

The territory in which the operation of the Corporation is principally to be conducted in Winter Haven, Florida.

#### **Article XIV**

##### **Rules of Order**

The rules contained in the current edition of Roberts Rules of Order, newly revised, shall govern all meetings of the Corporation.

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DIVISION OF CORPORATION  
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## **Article XV**

### **Amendments**

These Articles of Incorporation may be amended when such amendments is proposed and adopted by a resolution by the Board of Directors of the corporation at any business meeting of the corporation and shall become effective when such resolution is duly certified by the Secretary of the corporation.

## **Article XVI**

### **Authorization**

Having been named as registered agent and to accept service of process for the above stated corporation at the place designated in this certificate, I hereby accept the appointment as registered agent and agree to act in this capacity. I further agree to Comply with the provisions of all statues relating to proper and complete performance of duties, and I am familiar with and accept the obligation of my position as registered agent

Registered Agent

Kamesha Williams

Signature

Kamesha Williams, President/CEO

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DIVISION OF CORPORATIONS  
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**Article XVII**

**Incorporator**

The name and address of the Incorporator is:

Name: Kamesha Williams

Address: 2452 Avenue A SW

Winter Haven, Florida 33880

I submit this document and affirm that the facts stated herein are true. I am aware that any false information submitted in a document to the Department Of State constitutes a third-degree felony as provided for in s.817.155,F.S.

Kamesha Williams

Kamesha Williams

6/24/2019

Date

SECRETARY OF STATE  
DIVISION OF CORPORATIONS  
19 JUN 26 PM 12:05  
TALLAHASSEE, FLORIDA

IN WITNESS WHEREOF, we the undersigned do acknowledge these Articles of Incorporation and accordingly have hereunto set hands this 24 day of June

These articles were adopted by the Board of Directors on 24 day of June

Taurean Williams

Kamesh M Williams

STATE OF FLORIDA  
COUNTY OF POLK

I HEREBY CERTIFY that on this day, before me, an officer duly authorized in the State of Florida and County aforesaid to take acknowledgements personally appeared:

SECRETARY OF STATE  
DIVISION OF CORPORATIONS  
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TALLAHASSEE, FLORIDA

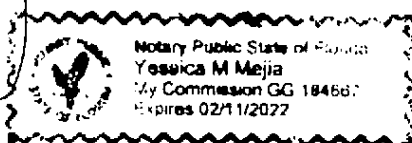
Taurean Williams

Kamesh M. Williams

To me well known to be the persons describe in the foregoing Articles of Incorporation and Acknowledge before me that they subscribe to same

Jessica Mejia  
Notary Public

Date



Subscribed and sworn before me, this 24<sup>th</sup>  
day of June, 2019 a Notary Public  
in and for Polk County,  
State of Florida

Jessica M. Mejia  
(Signature)  
NOTARY PUBLIC  
My Commission expires 02/11/2022