

**Electronic Articles of Incorporation  
For**

N13000008771  
FILED  
September 27, 2013  
Sec. Of State  
tscott

FFLOW INC.

The undersigned incorporator, for the purpose of forming a Florida not-for-profit corporation, hereby adopts the following Articles of Incorporation:

**Article I**

The name of the corporation is:

FFLOW INC.

**Article II**

The principal place of business address:

3409 NOTTINGHAM CT  
150  
TAMPA, FL. 33614

The mailing address of the corporation is:

3409 NOTTINGHAM CT  
150  
TAMPA, FL. 33614

**Article III**

The specific purpose for which this corporation is organized is:

FFLOW PURPOSE IS TO HELP COMMUNITIES REDUCE OBESITY AND  
DEGENERATIVE DISEASES THROUGH STRESS MANAGEMENT WORK GROUPS  
AND TEEN INTERVENTION GROUPS.

**Article IV**

The manner in which directors are elected or appointed is:

APPOINTED BY FOUNDER

**Article V**

The name and Florida street address of the registered agent is:

CHAIRSEA THICKLIN  
3409 NOTTINGHAM CT  
150  
TAMPA, FL. 33614

I certify that I am familiar with and accept the responsibilities of  
registered agent.

Registered Agent Signature: CHAIRSEA THICKLIN

## **Article VI**

The name and address of the incorporator is:

CHAIRSEA THICKLIN  
3409 NOTTINGHAM CT  
150  
TAMPA

Electronic Signature of Incorporator: CHAIRSEA THICKLIN

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

## **Article VII**

The initial officer(s) and/or director(s) of the corporation is/are:

Title: PRES  
CHAIRSEA THICKLIN  
3409 NOTTINGHAM CT. SUITE 150  
TAMPA,, FL. 33614 US

Title: VP  
DENNIS L THICKLIN SR.  
3409 NOTTINGHAM CT  
TAMPA, FL. 33614 US

Title: S  
RAYMIYA C THICKLIN  
3409 NOTTINGHAM CT  
TAMPA, FL. 33614 US

## **Article VIII**

The effective date for this corporation shall be:

09/26/2013