

Electronic Articles of Incorporation For

FFLOW INC.

N13000008771
FILED
September 27, 2013
Sec. Of State
tscott

The undersigned incorporator, for the purpose of forming a Florida not-for-profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

FFLOW INC.

Article II

The principal place of business address:

3409 NOTTINGHAM CT
150
TAMPA, FL. 33614

The mailing address of the corporation is:

3409 NOTTINGHAM CT
150
TAMPA, FL. 33614

Article III

The specific purpose for which this corporation is organized is:

FFLOW PURPOSE IS TO HELP COMMUNITIES REDUCE OBESITY AND
DEGENERATIVE DISEASES THROUGH STRESS MANAGEMENT WORK GROUPS
AND TEEN INTERVENTION GROUPS.

Article IV

The manner in which directors are elected or appointed is:

APPOINTED BY FOUNDER

Article V

The name and Florida street address of the registered agent is:

CHAIRSEA THICKLIN
3409 NOTTINGHAM CT
150
TAMPA, FL. 33614

I certify that I am familiar with and accept the responsibilities of registered agent.

Registered Agent Signature: CHAIRSEA THICKLIN

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Article VI

The name and address of the incorporator is:

CHAIRSEA THICKLIN
3409 NOTTINGHAM CT
150
TAMPA

Electronic Signature of Incorporator: CHAIRSEA THICKLIN

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: PRES
CHAIRSEA THICKLIN
3409 NOTTINGHAM CT. SUITE 150
TAMPA, FL. 33614 US

Title: VP
DENNIS L THICKLIN SR.
3409 NOTTINGHAM CT
TAMPA, FL. 33614 US

Title: S
RAYMIYA C THICKLIN
3409 NOTTINGHAM CT
TAMPA, FL. 33614 US

Article VIII

The effective date for this corporation shall be:

09/26/2013