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# **COVER LETTER**

Department of State **Division of Corporations** P.O. Box 6327 Tallahassee, FL 32314

**SUBJECT:** 

SEAL STRONG, INC

(PROPOSED CORPORATE NAME - MUST INCLUDE SUFFIX)

Enclosed is an original and one (1) copy of the Articles of Incorporation and a check for :

**E**\$70.00 Filing Fee

\$78.75 Filing Fee & Certificate of Status

**\$78.75** Filing Fee & Certified Copy

\$87.50 Filing Fee, Certified Copy & Certificate

ADDITIONAL COPY REQUIRED

FROM: MICHAEL SHERARD Name (Printed or typed) 2040 W. PLATT ST Address TAMPA, FL 33606 City, State & Zip (813) 254-0068 Daytime Telephone number

E-mail address: (to be used for future annual report notification)

NOTE: Please provide the original and one copy of the articles.

MIKE @ SHERARD-Design.com



Florida Nonprofit Corporation 501(c)(3) - Application

Article |

SEAL Strong, Inc.

Article II 2040 W. Platt Street Tampa, FL 33606

### Article III Mission Statement of Purpose

The purpose of SEAL Strong is to provide training and guidance to future military candidates interested in applying for the Special Warfare / Special Operation's communities. We strive to increase a candidates chance for success by providing training in swim techniques, physical fitness, nutrition, and mental toughness.

# Who is SEAL Strong

A group of Former Navy SEALs giving back to the Navy Special Warfare Community by providing well trained, focused, and prepared candidates for BUD/s. Our commitment is to military development and We are working to raise the standards of accountability, mental toughness, and physical readiness.



Florida Nonprofit Corporation 501(c)(3) - Application

Article IV SEAL Strong Directors are appointed as agreed upon amongst themselves

- Article V
- Directors John Fletcher Michael Sherard Suzanne Fletcher
- Officers Kory Knowles Doug Santo

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Article VI

2040 W. Platt Street, Tampa, FL 33606

**Registered Agent: Michael Sherard** 

8-21-13

Article VII

Incorporator:

Michael Sherard 2040 W. Platt Street, Tampa, FL 33606

8-21-13

SEAL STRONG

## What SEAL Strong Does:

SEAL Strong 36-Hour Challenges

A 36-hour program that will challenge you physically and mentally, and justimaly change your life.

Our 36-hour Challenge simulates the Navy SEAL "Hell Week" and is designed to get you out of your comfort zone, test your determination, and push you past your limits. We utilize our knowledge and training as former Navy SEALs to teach you how to be physically harder and mentally stronger than your competitor. We will test your commitment, determination, and spirit by coaching you to control your emotions and actions regardless of circumstances. Our 36-Hour Challenge is a gut check designed to mentally and physically test participants beyond the "norm" in a very intense physical environment. The Challenge determines who has the ability and mindset to endure adverse conditions. The experience results in a sense of accomplishment and awareness of an individual's innate ability to accomplish more than one's perceived limitations.

This Challenge will place you into teams where you will communicate to build strong foundations of trust and gain situational awareness while encountering chaos and adversity. Individual and team excellence is expected as SEAL Strong demands leadership, discipline, and mental toughness – all in an instructional setting.

Although our commitment is to military development, SEAL Strong has grown to encompass other groups, such as sports teams, government agencies, and corporate groups.