

**Electronic Articles of Incorporation
For**

**N03000002067
FILED
March 07, 2003
Sec. Of State**

HELP YOURSELF INC.

The undersigned incorporator, for the purpose of forming a Florida not-for-profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

HELP YOURSELF INC.

Article II

The principal place of business address:

209 SHORE DRIVE EAST
OLDSMAR, FL. 34677

The mailing address of the corporation is:

209 SHORE DRIVE EAST
OLDSMAR, FL. 34677

Article III

The specific purpose for which this corporation is organized is:

OUR PURPOSE IS TO PROVIDE SERVICE AND RESOURCES TO EVERY
INDIVIDUAL AND COMMUNITY WHO DESIRES PERSONAL GROWTH AND
DEVELOPMENT.

Article IV

The manner in which directors are elected or appointed is:

BY VOTE

Article V

The name and Florida street address of the registered agent is:

JENNIFER L BOISVERT
209 SHORE DRIVE EAST
OLDSMAR, FL. 34677

I certify that I am familiar with and accept the responsibilities of registered agent.

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Registered Agent Signature: JENNIFER BOISVERT

Article VI

The name and address of the incorporator is:

JENNIFER L. BOISVERT
209 SHORE DRIVE EAST
OLDSMAR, FL 34677

Incorporator Signature: JENNIFER BOISVERT

Article VII

The effective date for this corporation shall be:

03/07/2003