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ONE STOP MEN'S HEALTH, INC.

1612 Bear Crossing Circle

Apopka, Florida 32703 (407) 295-2639 awashington2@cfl.rr.com

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January 13, 2005

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Amendment Section Division Of Corporations P.O. Box 6327 Tallahassee, Florida 32314

I respectfully an admendment to the Articles of Incorporation of One Stop Men's Health, Inc.

Your assistance with this matter is appreciated.

Sincerely Anthony y. Washington

ARTICLES OF AMENDMENT

to

ARTICLES OF INCORPORATION

of

One Stop Men's Health, Inc

(present name)

N01000005101

(Document Number of Corporation (If known)

Pursuant to the provisions of section 617.1006, Florida Statutes, the undersigned Florida nonprofit corporation adopts the following articles of amendment to its articles of incorporation.

FIRST: Amendment(s) adopted: (INDICATE ARTICLE NUMBER (S) BEING AMENDED, ADDED OR DELETED.)

Article V has been updated to the Article of Incorporation to include the following language on the attached page.



 Anthony C. Machington

 Signature of Chairman, Vice Chairman, President or other officer

 Anthony J. Washington

 Typed or printed name

 Executive Director
 8/31/04

 Title
 Date

Article V- updates the Articles of Incorporation

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One Stop Men's Health, Inc. is organized exclusively for charitable and educational purposes, including for such purposes, the making of distributions to organizations under Section 501(c)(3). No part of the net earnings of One Stop Men's Health, Inc. inure to the benefit of , or be distributable to its members, trustees, directors, officers, or other private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of section 501(c)(3) purposes. No substantial part of the activities of the corporation shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf, or in opposition to any candidate public office.

Not withstanding any other provision of the Articles, One Stop Men's Health, Inc. shall not carry on any other activities not permitted to be carried on: (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code, or (b) by a corporation, contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code (or corresponding section of any future federal tax code.)

Upon dissolution of One Stop Men's Health, Inc., assets shall be distributed for one or more exempt purposes within the meaning of section 501(c)(3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government for a public purpose.