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COVER LETTER

TO: Amendment Section Division of Corporations

NAME OF CORPORATION: _	Positive Thinkers Club of Tallahassee, Inc.
DOCUMENT NUMBER: NO	0000006131
AME OF CORPORATION: Positive Thinkers Club of Tallahassee, Inc. POCUMENT NUMBER: N00000006131 The enclosed Articles of Amendment and fee are submitted for filing. Helen G James-Powell (Name of Contact Person) (Firm/ Company) 2623 Gerald Drive (Address) Tallahassee, Florida 32310 (City/ State and Zip Code) or further information concerning this matter, please call:	
Please return all correspondence of	oncerning this matter to the following:
Helen G Ja	ames-Powell
	(Name of Contact Person)
	(Firm) Company)
	(Firm Company)
2623 Geralo	i Drive
	(Address)
Tallahasse	≥, Florida 32310
For further information concerning	g this matter, please call:
Helen G James-Powell (Name of Contact Person	at (<u>850</u>) <u>576 7810</u> or <u>488 0178</u> on) (Area Code & Daytime Telephone Number)
Enclosed is a check for the followi	ing amount:
	Filing Fee & S43.75 Filing Fee & S52.50 Filing Fee ate of Status Certified Copy (Additional copy is enclosed) S52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)
Mailing Address Amendment Section Division of Corporati P.O. Box 6327 Tallahassee, FL 3231	Clifton Building

Tallahassee, FL 32399

Articles of Amendment to Articles of Incorporation of

1/1/06

Positive Thinkers Club of Tallahassee, Inc.	^
(Name of corporation as currently filed with the Florida Dept. of State)	2
N00000006131	- By
(Document number of corporation (if known)	<i>Q</i> ₀
Pursuant to the provisions of section 617.1006, Florida Statutes, this <i>Florida Not For Profit Corporation</i> adopts the following amendment(s) to its Articles of Incorporation:	CORTE
NEW CORPORATE NAME (if changing):	
The Positive Thinkers Center for Stress and Anxiety, Inc.	
(must contain the word "corporation," "incorporated," or the abbreviation "corp." or "inc." or words of like import in language; "Company" or "Co." may <u>not</u> be used in the name of a not for profit corporation) AMENDMENTS ADOPTED- (OTHER THAN NAME CHANGE) Indicate Article	
Number(s) and/or Article Title(s) being amended, added or deleted: (BE SPECIFIC)	
(see attachments - Pages 1).	
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Article III - Purpose

The purpose for which the corporation is organized is:

The organization is organized exclusively for relief of the poor and distressed by developing skills and techniques through lecture series, discussions groups, workshops and retreats to attack stress and anxiety in the community to people whom can't afford to seek help.

Example of Lecture series:

- 1. The Power of Positive Thinking
- 2. Success, Motivations, and Attitudes
- 3. Laugh yourself back to health
- 4. Stress is No Joke
- 5. The Healing Power of Faith

Example of Workshops:

- 1. Mental & Physical relaxation techniques
- 2. Diet, Nutrition and Exercise
- 3. Stress Management
- 4. Goal Setting
- 5. Money Management

The **discussion groups** will consists of people who have gone through stress and anxiety (how they overcame it) and people currently going though it. People sharing their own experiences with stress and anxiety and coaching other through the process and changes.

The retreats will be all day on Saturday, and Bi-Yearly weekend retreats. The retreats will be for caregivers for the disabled and elderly, mothers, fathers, and singles. The retreat will give them a break from the everyday stresses in life, and a chance to relax and learn new techniques for dealing with stress and anxiety.

The date of adoption of the amendment(s) was:
Effective date if applicable: January 1, 2006 (no more than 90 days after amendment file date)
Adoption of Amendment(s) (CHECK ONE)
The amendment(s) was (were) adopted by the members and the number of votes cast for the amendment was sufficient for approval.
There are no members or members entitled to vote on the amendment. The amendment(s) was (were) adopted by the board of directors.
Signature (By the chairman or vice chairman of the board, president or other officer- if directors have not been selected, by an incorporator- if in the hands of a receiver, trustee, or other court appointed fiduciary, by that fiduciary.)
Helen G. James-Powell
(Typed or printed name of person signing)
Director
(Title of person signing)

FILING FEE: \$35

Department of Health • Vital Statistics STATE OF FLORIDA **MARRIAGE RECORD**

TYPE IN UPPER CASE USE BLACK INK

This license not valid unless seal of Clerk, Circuit or County Court, appears thereon.

(STATE FILE NUMBER)

R20030002376
RECORDED IN PUBLIC RECORDS LEON CNTY BK: R2793 PG: 010:

JAN 08 2003 09:36

BOB INZER, CLERK OF COURT

	2002 ML (
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1. GROOM'S NAME (First, Middle, Last) LAVERN (NMN) POWELL			·		2. DATE OF BIRTH 05/28/195		
3a. RESIDENCE - CITY, TO TALLAHASSE		LEON		3c. STATE FLORI	DA	4. BIRTHPLACE (SI FLORIDA	
54, BRIDES NAME (FIRST, I HELEN GAIL			5b	MAIDEN SUI SAME	RNAME (If different)	6. DATE OF BIRTH 11/23/19	
7a. RESIDENCE - CITY, TO TALLAHASSE		76. COUNTY LEON-		7c. STATE FLORI	DA	8. BIRTHPLACE (SI FLORID/	
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11. TITLE OF OFFICE DEPUTY CLI	11. TITLE OF OFFICIAL DEPUTY CLERK			, 12. S	IGNATURE OF OFFICIAL (U.	black (nk)	D.(
	13. SIGNATURE OF BRIDE ISING	ull frame using plack ink)	Trados	14.	SUBSCRIBED AND SWORM	1 TO BEFORE ME ON (
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LEC	17. COUNTY ISSUING LICENSE		18. DATE LICENSE ISS	UED	18a, DATE LICENSE EF	FECTIVE 19. E	XPIRATION DATE
	LEON		12/23/2002	,	12/23/2002	02/	24/2003
	20a, SIGNATURE OF BURT CLE	RK OR JUDGE	BOB INZE	20b. TI	me RK OF THE CIRC	CUIT COURT	20c, BY D.C. RAD
A DE INZER		***	· · · · · · · · · · · · · · · · · · ·		MARRIAGE		
**************************************	I HEREBY CERTIFY THAT THE ABOVE NAMED GROOM AND BRIDE WERE JOINED BY ME IN MARRIAGE IN ACCORDANCE WITH THE LAWS OF THE STATE OF FLORIDA						
	21. DATE OF MARRIAGE(Month, Da		22. CITY, TOWN, OR LO	OCATION OF I	MARRIAGE		
•		2003	TALL	4144 87	E. FL.	•	
SEAL .	23a. SIGNATURE OF PERSON PE	ERFORMING CERE	SONY (Use black ink)	23c.	ADDRESS (01 person performing of 4 2 M LK	Geremany) Lee	tra H
23b. NAME AND TITLE OF PERSO (Or notary stamp)		•		24,8	MIGNATURE OF WITNESS TO	CEREMONY (US. Black	
•	SOLOMON	•		3/2 25.5	ISMATURE OF WITNESS TO	CEREMONY (USO BLOOK	Told Cold
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		•				, , ,	



STATE OF FLORIDA, COUNTY OF LEON

I HEREBY CERTIFY that the above and foregoing is a true and correct copy a Marriage Record recorded in my office on the graday of AS. 20 recorded in Marriage Book 793 al page 16 WITNESS my hand and official seal this ay of BOB INZER Clerk of Circuit