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(Requestor's Name)
(Address)
(Address)
(City/State/Zip/Phone #)
PICK-UP WAIT MAIL
(Business Entity Name)
(Document Number)
Certified Copies Certificates of Status
Special Instructions to Filing Officer:
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COVER LETTER

TO: New Filing Section Division of Corporations		
SUBJECT: R & R Strength & Conditioning LLC		
(Name of Res	alting Florida Limited C	(umpany)
The enclosed Articles of Conversion, Artic Business Entity" into a "Florida Limited Li		
Please return all correspondence concerning	g this matter to:	
Rich Worcester		
(Contact Person)		
R & R Strength and Conditioning LLC		
(Firm/Company)		
3701 NE 12th Avenue		
(Address)		
Pompano Beach, FL 33046		
(City, State and Zip Code)		
crossfithp@gmail.com		
E-mail Address: (to be used for future annual re	port notifications)	
For further information concerning this ma	tter, please call:	
Rich Worcester	_at (<u>954</u>) <u>478</u>	3-0009
(Name of Contact Person)	(Area Code) (D	Osytime Telephone Number)
Enclosed is a check for the following amou dollars and drawn on a bank located in the	-	essed by this office must be payable in US
■ \$150,00 Filing Fees (\$25 for Conversion & \$125 for Articles of Organization) ■ \$155,00 Filing Fees and Certificate of Status	□\$180.00 Filing Fees and Certified Copy	☐\$185.00 Filing Fees, Certified Copy, and Certificate of Status
STREET ADDRESS:	MAILING	ADDRESS:
New Filing Section	New Filing	Section
Division of Corporations		Corporations
Clifton Building	P. O. Box 6	
2661 Executive Center Circle Tallahassee, FL 32301	tallahassec	E. FL 32314

Articles of Conversion For "Other Business Entity" Into

Florida Limited Liability Company

The Articles of Conversion <u>and attached Articles of Organization</u> are submitted to convert the following "Other Business Entity" into a Florida Limited Liability Company in accordance with s.605.1045. Florida Statutes.

Statutes.
1. The name of the "Other Business Entity" immediately prior to the filing of the Articles of Conversion is: R & R Strength and Conditioning Corp
(Enter Name of Other Business Entity)
2. The "Other Business Entity" is a Corporation (Enter entity type. Example: corporation, limited partnership, general partnership, common law or business trust, etc.
First organized, formed or incorporated under the laws of Florida
(Enter state, or if a non-U.S. entity, the name of the country)
September 10, 2013 on
(date of organization, formation or incorporation)
3. The name of the Florida Limited Liability Company as set forth in the attached Articles of Organization:
R & R Strength & Conditioning LLC
(Enter Name of Florida Limited Liability Company)
4. If not effective on the date of filing, enter the effective date:
(The effective date: Cannot be prior to date of receipt or filed date nor more than 90 calendar days after
the date this document is filed by the Florida Department of State.) Note: If the date inserted in this block does not meet the applicable statutory filing requirements, this date will not be listed as the
document's effective date on the Department of State's records.
5. The plan of conversion has been approved in accordance with all applicable statutes.
6. The "Converted or Other Business Entity" has agreed to pay any members having appraisal rights the amount to which such members are entitled under ss. 605.1006 and 605.1061-605.1072, F.S.

Signed this 22rd day of January	20_18
Signature of Authorized Representative of Limi	ted Liability Company:
Signature of Authorized Representative:	X/ 0\X
Printed Name: Lane Greenbank	Title: MGR
Signature(s) on behalf of Other Business Entity:	See below for required signature(s)]
Signature: Ruhul Ami	
Printed Name: Rachel Lim	Title: President/Director
Timed Name takes	Title: President/Director
Signature:	
Signature:Printed Name:	Title:
G'	
Signature: Printed Name:	Title:
Timed Name.	
Signature:	
Signature:Printed Name:	Title:
Clonatura	
Signature:Printed Name:	Title:
Signature:	
Printed Name:	_ Title:
If Florida Corporation:	
Signature of Chairman, Vice Chairman, Director, or	Officer.
If Directors or Officers have not been selected, an Inc	
If Florida General Partnership or Limited Liabili Signature of one General Partner.	ty Partnership:
Signature of one General Farther.	
If Florida Limited Partnership or Limited Liabili	ty Limited Partnership:
Signatures of ALL General Partners.	
All othores	
All others: Signature of an authorized person.	
e g man e e man a percent	
Fees:	
	227.00
Articles of Conversion:	\$25.00
Fees for Florida Articles of Organization: Certified Copy:	\$125.00 \$30.00 (Optional)
Certificate of Status:	\$5.00 (Optional)
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ARTICLES OF ORGANIZATION FOR FLORIDA LIMITED LIABILITY COMPANY

ADTICLEL	
ARTICLE I - Name: The name of the Limited Liability Company is:	
R & R Strength & Conditioning LLC (Must contain the words "Limited Liability Comp:	py, "E.I.,C.," or "LLC.")
ARTICLE II - Address: The mailing address and street address of the principal	office of the Limited Liability Company is:
Principal Office Address: Mai	ling Address:
3701 NE 12th Avenue 3701	NE 12th Avenue
Pompano Beach, FL 33064 Pom	ano Beach, FL 33064
ARTICLE III - Registered Agent, Registered Office (The Limited Liability Company cannot serve as its own Registered Agents business entity with an active Florida registration.) The name and the Florida street address of the register Richard Worcester	ent. You must designate an individual or another
Name Name	
2502.25.1.0	
Florida street address (P.O. Box	NOT acceptable)
Lighthouse Point F	I 33046
City	Zip
Having been named as registered agent and to accept liability company at the place designated in this cregistered agent and agree to act in this capacity. If statutes relating to the proper and complete perform accept the obligations of my position as registered.	ertificate, I hereby accept the appointment as arther agree to comply with the provisions of a nance of my duties, and I am familiar with and
Registered Agent's Signature	(REQUIRED)

(CONTINUED)

ARTICLE IV-

The name and address of each person authorized to manage and control the Limited Liability Company:

Title:	Name and Address:
"AMBR" = Authorized Member	
"MGR" = Manager	
AMBR	Summit Fitness, Inc.
	3701 NE 12th Avenue
	Pompano Beach, FL 33064
MGR	Lane Greenbank
	10725 NW 19th Street
	Coral Springs, FL 33071
MGR	Rachel Lim
	2590 NE 53rd Court
	Lighthouse Point, FL 33064
MGR	Richard Worcester
	2590 NE 53rd Court
	Lighthouse Point, FL 33064
LE V: Other provisions, if any.	
This document is executed in accordance any false information submitted in a doc as provided for in s.817.155, F.S.	r an authorized representative of a member see with section 605.0203 (1) (b). Florida Statutes, I am aware the nument to the Department of State constitutes a third degree felo
Lane Greenbank	
Ŧ	yped or printed name of signee
	Filing Fees

\$125.00 Filing Fee for Articles of Organization and Designation of Registered Agent \$30.00 Certified Copy (Optional) \$500 Certificate of Status (Optional)