## 1170000 1241da

(Re	questor's Name)	
(Ad	dress)	
(Ad	dress)	
(Cit	y/State/Zip/Phone	e #)
PICK-UP	☐ WAIT	MAIL
(Bu	siness Entity Nar	ne)
(Do	cument Number)	
Certified Copies	_ Certificates	s of Status
Special Instructions to	Filing Officer:	





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## COVER LETTER

TO: Registration Section Division of Corporations	
SUBJECT: No Pain, All Gain, Name of Limited Lin	LL C bility Company
Dear Sir or Madam:	
The enclosed Registered Agent/Registered Office Change and for	ee(s) are submitted for filing.
Please return all correspondence concerning this matter to the fo	ollowing:
Michael Hanes Name of Person	_
No Pain All Gain, LLC Firm/Company	_
140 Sea Lily La Address	_
Porte Vedra Beach, FL 32082 City/State and Zip Code	<u>-</u>
E-mail address: (to be used for future annual report notific	ation)
For further information concerning this matter, please call:	
Michael Hanes at 904 Name of Person	718-0655 Area Code & Daytime Telephone Number
Mailing Address: Registration Section Division of Corporations P.O. Box 6327 Tallahassee, FL 32314	Street Address: Registration Section Division of Corporations The Centre of Tallahassee 2415 N. Monroe Street, Suite 810 Tallahassee, FL 32303
Enclosed is a check for the following amount:	
☐ \$25 Filing Fee ☐ \$55	Filing Fee & Certified Copy

INHS18 (2/14)

## STATEMENT OF CHANGE OF REGISTERED OFFICE OR REGISTERED AGENT OR BOTH FOR LIMITED LIABILITY COMPANY

Pursuant to the provisions of sections 605.0114 or 605.0116, Florida Statutes, the undersigned limited liability company submits the following statement in order to change its registered office or registered agent, or both, in the State of Florida.

1. Name of the limited liability company: No Pain, All Ga	in, LLC
2. (a) 140 Sen L:17 Ln (b) 140	
Principal office address of limited liability company:	Mailing address of limited liability company:
(Note: MUST BE STREET ADDRESS)	(Note: MAY BE POST OFFICE BOX)
Porte Vedra Beach, FL 32082 Port	e Vedra Beach, FL 3208
· · · · · · · · · · · · · · · · · · ·	7
117/2017	100017416
3. Date of filing/registration in Florida 4.	Document number
· · · · · · · · · · · · · · · · · · ·	
5. (a) United States Corporation Agents, / Registered Agent and Registered Office shown on the records of the Florida Dept. of State	م ر - 
	c.
5575 S. Semoran Blud	-
Registered Office Address (MUST BE FLORIDA STREET ADDRESS)	
Suite 36	-
Orlando FL 32822	~.
(b) Rubert Hanes	_
Enter name of NEW Registered Agent and/or NEW Registered Office address:	
1-11	
1746 Maritime Oak Dr	ـ بې
NEW Registered Office Address:	<u>ှာ</u> - 1
	_
A	
Atlantic Beach FL 32233	_
If the limited liability company is not organized under the laws of the State of Fk	wide it is hereby confirmed that after the
change or changes are made, the Florida street address of the registered office an	d the business office of the registered
agent will be identical. Or, in the case of a Florida limited liability company, it is was/were authorized by an affirmative vote of the members of the limited liabilit	s hereby confirmed that the change(s) v company or as otherwise provided in
the articles of breamization or the operating agreement of the limited liability con	many
Signature of amember or authorized representative of a member	Printed or typed name of signee
I hereby accept the appointment as registered agent and agree to act in this cape provisions of all statutes relative to the proper and complete performance of my a	acity. I further agree to comply with the duties, and Lam familiar with and accept
I hereby accept the appointment as registered agent and agree to act in this cape provisions of all statutes relative to the proper and complete performance of my the obligations of my position as registered agent as provided for in Chapter 605 to merely reflect a change in the registered office address, I hereby confirm that	, F.S. Or, if this document is being filed the limited liability company has been
notified prowriting of this change.	
Signature of Registered Agent	