

2009 LIMITED LIABILITY COMPANY ANNUAL REPORT

DOCUMENT# L08000079589

FILED
Apr 28, 2009
Secretary of State

Entity Name: IMPULSE TRAINING AND FITNESS, LLC

Current Principal Place of Business:

19201 N.W. 10 CT
MIAMI, FL 33169

New Principal Place of Business:

800 N.E. 212 TERR.
APT. 4
MIAMI, FL 33179

Current Mailing Address:

P.O.BOX 694541
MIAMI, FL 33269

New Mailing Address:

800 N.E. 212 TERR.
APT. 4
MIAMI, FL 33179

FEI Number: 94-3438828

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired (X)

Name and Address of Current Registered Agent:

RICHARDSON, REGINALD V
19201 N.W. 10 CT.
MIAMI, FL 33169 US

Name and Address of New Registered Agent:

RICHARDSON, REGINALD V
800 N.E. 212 TERR.
APT. 4
MIAMI, FL 33179 US

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE: REGINALD RICHARDSON

04/28/2009

Electronic Signature of Registered Agent

Date

MANAGING MEMBERS/MANAGERS:

Title: MGR () Delete
Name: RICHARDSON, REGINALD V
Address: 19201 N.W. 10 CT
City-St-Zip: MIAMI, FL 33169

Title: MGR () Delete
Name: MCCREA, KEVIN E
Address: 20255 N.W. 3 AVE
City-St-Zip: MIAMI, FL 33169

Title: MGR () Delete
Name: WILLIAMS, TERRY L
Address: 20941 N.E. 2 AVE.
City-St-Zip: MIAMI, FL 33179

ADDITIONS/CHANGES:

Title: MGR (X) Change () Addition
Name: RICHARDSON, REGINALD V
Address: 800 N.E. 212 TERR. APT.4
City-St-Zip: MIAMI, FL 33179

Title: () Change () Addition
Name:
Address:
City-St-Zip:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

I hereby certify that the information supplied with this filing does not qualify for the exemption stated in Chapter 119, Florida Statutes. I further certify that the information indicated on this report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am a managing member or manager of the limited liability company or the receiver or trustee empowered to execute this report as required by Chapter 608, Florida Statutes.

SIGNATURE: REGINALD RICHARDSON

MGR

04/28/2009

Electronic Signature of Signing Managing Member, Manager, or Authorized Representative / Date