

# 2009 LIMITED LIABILITY COMPANY ANNUAL REPORT

DOCUMENT# L04000006919

FILED  
Jun 25, 2009  
Secretary of State

**Entity Name:** METRO MUSCLE AND MUSCLE PLUS NUTRITION, LLC

**Current Principal Place of Business:**

11750 EAST COLONIAL DRIVE  
ORLANDO, FL 32817 US

**New Principal Place of Business:**

**Current Mailing Address:**

11750 EAST COLONIAL DRIVE  
ORLANDO, FL 32817 US

**New Mailing Address:**

**FEI Number:** 20-0645968 **FEI Number Applied For ( )** **FEI Number Not Applicable ( )** **Certificate of Status Desired (X)**  
In accordance with s. 607.193(2)(b), F.S., the limited liability company did not receive the prior notice.

**Name and Address of Current Registered Agent:**

APPEL, JAKE D P  
6842 SCYTHE AVE  
ORLANDO, FL 32812 US

**Name and Address of New Registered Agent:**

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE:

Electronic Signature of Registered Agent

Date

**MANAGING MEMBERS/MANAGERS:**

Title: MGR ( ) Delete  
Name: APPEL, JAKE D P  
Address: 6842 SCYTHE AVE  
City-St-Zip: ORLANDO, FL 32812 US

Title: MGRM ( ) Delete  
Name: WEBER, GENE M VP  
Address: 6842 SCYTHE AVE  
City-St-Zip: ORLANDO, FL 32812 US

**ADDITIONS/CHANGES:**

Title: ( ) Change ( ) Addition  
Name:  
Address:  
City-St-Zip:

Title: ( ) Change ( ) Addition  
Name:  
Address:  
City-St-Zip:

I hereby certify that the information supplied with this filing does not qualify for the exemption stated in Chapter 119, Florida Statutes. I further certify that the information indicated on this report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am a managing member or manager of the limited liability company or the receiver or trustee empowered to execute this report as required by Chapter 608, Florida Statutes.

SIGNATURE: JAKE APPEL

P

06/25/2009

Electronic Signature of Signing Managing Member, Manager, or Authorized Representative / Date