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CAPITOL SERVICES d/b/a
PARALEGAL & ATTORNEY SERVICE BUREAU, INC.

(Requestor's Name)
1406 Hays Street, Suite 2
(Address)
Tallahassee, FL 32301 (904) 656-3992
(City, State, Zip) (Phone #)

CORPORATION NAME(S) & DOCUMENT NUMBER(S) (if known): (Document #) (Corporation Name) (Document #) (Document #) (Corporation Name) (Document #) (Corporation Name) Certified Copy Walk in Pick up time DIVISION OF CORPURATION Certificate of Status Mail out Will wait **AMENDMENTS NEW FILINGS** Amendment Profit Resignation of R.A., Officer/Director NonProfit Change of Registered Agent Limited Liability Dissolution/Withdrawal Domestication Merger Other REGISTRATION/ OTHER FILINGS **QUALIFICATION** Annual Report Foreign -3-25-98 Fictitious Name Limited Partnership Name Reservation Reinstatement

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ARTICLES OF AMENDMENT OF ARTICLES OF INCORPORATION

OF

NATURAL HEALTH TRENDS CORP.

Pursuant to the provisions of section 607.1006, Florida Statutes, Natural Health Trends Corp. (the "Corporation") adopts the following articles of amendment to its articles of incorporation:

I. ARTICLE IV is hereby amended by amending the first paragraph of Article IV to read as follows:

The aggregate number of shares of all classes of stock which the Corporation is authorized to issue is 201,500,000 shares, consisting of 200,000,000 shares of common stock, \$.001 par value per share (the "Common Stock"), and 1,500,000 shares of preferred stock, \$.001 par value per share (the "Preferred Stock").

These Articles of Amendment to the Articles of Incorporation were authorized by a vote of the Board of Directors on January 30, 1998 followed by a vote of the holders of at least a majority of all of the outstanding shares of the Corporation entitled to vote on the Articles of Amendment of Articles of Incorporation on March 23, 1998 which was sufficient for approval.

IN WITNESS WHEREOF, the undersigned have subscribed this document on the date set forth below and do hereby affirm, under the penalties of perjury, that the statements contained therein have been examined by the undersigned and are true and correct.

Dated this 24th day of March, 1998.

NATURAL HEALTH TRENDS CORP.

By:

Name: Neal R. Heller

Title: President