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CORPORATION NAME(S) & I	DOCUMENT NUMBER(S) (if know	vn):
1 <u>TaturaQ</u> (Corporation Name)	Dealth hends ((Document #)
2 (Corporation Name)		(Document #)
3 (Corporation Name)		(Document #)
4 (Corporation Name)		(Document #)LECRE OF AHA
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NEW FILINGS Profit NonProfit	AMENDMENTS Amendment Resignation of R A, Officer/Director	Certificate of FICTITIOUS NAME
Limited Liability Domestication	Change of Registered Agent Dissolution/Withdrawal	FICTITIOUS NAME SEARCH
OTHER FILINGS	REGISTRATION/QUALIFICATION	CORP SEARCH
Annual Report	Foreign	HOLD FOR
Fictitious Name	Urnited Partnership	PICKUP BY UCC SERVICES
Name Reservation	Reinstatement Trademark	
	Other	Examiner's Initials

ARTICLES OF AMENDMENT OF ARTICLES OF THE INCORPORATION OF NATURAL HEALTH TRENDS CORP.

Pursuant to the provisions of Section 607.1006 of Florida Statutes, the undersigned being a duly elected officer of the Corporation, as hereinafter defined, hereby certifies as follows:

- 1. The name of the corporation is Natural Health Trends Corp. (the "Corporation").
- The Articles of Incorporation are hereby amended by striking out the first paragraph of Article FOURTH and by substituting in lieu of said paragraph the following paragraph:

The total number of shares of stock which the Corporation shall have authority to issue is forty-one million five hundred thousand (41,500,000) which shall consist of (i) forty million (40,000,000) shares of common stock, par value \$.001 per share (the "Common Stock") amounting in the aggregate to forty thousand dollars (\$40,000) of stated capital, and (ii) one million five hundred thousand (1,500,000) shares of preferred stock, par value \$.001 per share (the "Preferred Stock"), amounting in the aggregate of fifteen thousand dollars (\$15,000) of stated capital.

These Articles of Amendment of Articles of the Incorporation were authorized by a vote of the holders of at least a majority of all of the outstanding shares of the Corporation entitled to vote on the Articles of Amendment of Articles of the Incorporation on August 7, 1996 which was sufficient for approval.

IN WITNESS WHEREOF, the undersigned has subscribed this document on the date set forth below and does hereby affirm, under the penalties of perjury, that the statements contained therein have been examined by the undersigned and are true and correct.

Dated: December /2 1996

Neal R. Heller, President

nhicken-amd.ad