I hereby certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am a managing member or manager of the limited liability company or the receiver or trustee empowered to execute this report as required by Chapter 605, Florida Statutes; and that my name appears above, or on an attachment with all other like empowered. 04/26/2021

SIGNATURE: BRANDON CRIFASI

Electronic Signature of Signing Authorized Person(s) Detail

Current Principal Place of Business:

Entity Name: STRENGTH AND CONDITIONING, LLC

550 NORTHEAST 46TH STREET FORT LAUDERDALE, FL 33334

DOCUMENT# L21000001987

Current Mailing Address:

550 NORTHEAST 46TH STREET FORT LAUDERDALE. FL 33334 US

FEI Number: 85-4385448

Name and Address of Current Registered Agent:

CRIFASI, JOANNE 550 NORTHEAST 46TH STREET FORT LAUDERDALE, FL 33334 US

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE:

Electronic Signature of Registered Agent

Authorized Person(s) Detail :

Title	MGR	Title	MGR
Name	CRIFASI, BRANDON	Name	CRIFASI, JOANNE
Address	550 NORTHEAST 46TH STREET	Address	550 NORTHEAST 46TH STREET
City-State-Zip:	FORT LAUDERDALE FL 33334	City-State-Zip:	FORT LAUDERDALE FL 33334

MANAGER

2021 FLORIDA LIMITED LIABILITY COMPANY ANNUAL REPORT

FILED Apr 26, 2021 Secretary of State 3923048144CC

Certificate of Status Desired: No

Date

Date