

2006 FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# P04000115093

FILED
Jun 30, 2006
Secretary of State

Entity Name: TOTAL NUTRITION OUTPOST, INC.

Current Principal Place of Business:

15946 WEST STATE ROAD 84
SUNRISE, FL 33326

New Principal Place of Business:

Current Mailing Address:

15946 WEST STATE ROAD 84
SUNRISE, FL 33326

New Mailing Address:

FEI Number: 20-1458491

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

PFLUM, MELISSA
16621 WATERS EDGE DRIVE
WESTON, FL 33326 US

Name and Address of New Registered Agent:

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE:

Electronic Signature of Registered Agent

Date

In accordance with s. 607.193(2)(b), F.S., the corporation did not receive the prior notice.

Election Campaign Financing Trust Fund Contribution ().

OFFICERS AND DIRECTORS:

Title: P () Delete
Name: PFLUM, WAYNE
Address: 16621 WATERS EDGE DRIVE
City-St-Zip: WESTON, FL 33326

Title: VP () Delete
Name: PFLUM, MELISSA
Address: 16621 WATERS EDGE DRIVE
City-St-Zip: WESTON, FL 33326

ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

Title: D (X) Change () Addition
Name: PFLUM, MELISSA
Address: 16621 WATERS EDGE DRIVE
City-St-Zip: WESTON, FL 33326

I hereby certify that the information supplied with this filing does not qualify for the for the exemption stated in Chapter 119, Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with an address, with all other like empowered.

SIGNATURE: MELISSA PFLUM

D

06/30/2006

Electronic Signature of Signing Officer or Director

Date