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Expand-A-Lung
(28)

102-1304

## APPLICATION FOR THE REGISTRATION OF A TRADEMARK OR SERVICE MARK PURSUANT TO CHAPTER 495, FLORIDA STATUTES

TO: Division of Corporations Post Office Box 6327 Tallahassee, FL 32314 Name & address to whom acknowledgment should be sent: EXPAND-A-LUNG 1. (a) Applicant's name: (b) Applicant's business address: 5841 (c) Applicant's telephone number: (305 **X** Corporation ☐ Individual ☐ Joint Venture Other: ☐ General Partnership Limited Partnership Union If other than an individual, (2) Domicile State: FLORIDA (1) Florida registration number: 23-08-5 (3) Federal Employer Identification Number: 75 - 3020174 2. (a) If the mark to be registered is a service mark, the services in connection with which the mark is used: (i.e., furniture moving services, diaper services, house painting services, etc.) (b) If the mark to be registered is a trademark, the goods in connection with which the mark is used: (i.e., ladies sportswear, cat food, barbecue grills, shoe laces, etc.) (c) The mode or manner in which the mark is used: (i.e., labels, decals, newspaper advertisements, brochures, etc.) Brochures,

(Continued)

(d) The class(es) in which goods or services fall	l: ,	<b>\sqrt</b>
# 28 - SPORTING GOOD	.5	
Asi -		
	PART II or a related company (must include month, day and company)  (b) Date first used in Florida: 4/1/	year):
must be 25 words of less.)	PART III is included, please give brief written description whice section section is section.	
"EXPAND-A-LUNC	5" -> (MARK TO BE REG	(STERED)
BREATHING RESISTAN		(RITON)
English Translation		
2. DISCLAIMER (if applicable) NO CLAIM IS MADE TO THE EXCLUSIVE	RIGHT TO USE THE TERM "", APART FROM THE MARK AS	SHOWN.
herein, or that I am authorized to sign on behalf of the ov the right to use such mark in Florida either in the identic	being sworn, depose and say that I am the owner and wher and applicant herein, and no other person except a related al form or in such near resemblance as to be likely to deceive of ion on my/the applicant's behalf. I further acknowledge that I cts stated herein are true and correct	l company has r confuse or to
JORG		R ##
Type	ed or printed name of applicant	VEGNETALE DZ DCT 29
Applicables si	gnature or authorized person's signature	29 震
	(List name and title)	2 祭
STATE OF FLORIDA		- 2
COUNTY OF MIAMI-DADE		7 %
On this 16714 day of 0 (70 B or appeared before me, who is personally known to me where we will be the second of t	hose identity I proved on the basis of	personally
GLORIA CHUCK MY COMMISSION # DD 145068 EXPIRES: August 27, 2006 1-800-3-NOTARY FL Notary Service & Bonding, Inc. (Seal)	Notary Public Signature	ul_
	Notary's Printed Name	
	My Commission Expires: $R-27-20$	06

FEE: \$87.50 per class -> #28 (SPORTING GOODS)



# "EXPAND-A-LUNG"

#### BREATHING RESISTANCE EXERCISER

"TO DEVELOP LUNG CAPACITY & ENDURANCE"

#### INSTRUCTIONS

Insert mouthpiece in your mouth with the engraved word "TOP" facing up. Adjust the resistance valve to set your desired level of breathing resistance (make it challenging). Turn left for more resistance, turn right for less. Once set, do the following three stage exercise.

- 1. Insert mouthpiece in your mouth with the engraved word "TOP" facing up. Inhale through the mouthpiece slowly, as deep as you can. (you may also alternate by inhaling through the nose)
- 2. Hold your breath two to five seconds.
- Exhale through the mouthpiece slowly until you're almost out of breath. Then blow out hard the residual air in your lungs until you feel totally empty.

### REST FOR 15-30 SECONDS, AND REPEAT ABOVE EXERCISE 10 TO 15 TIMES TO COMPLETE ONE SET.

Do one set before breakfast. If possible, do another set before bed time. [wash and rinse unit between sets]

FOR SCUBA & FREE DIVERS, DO A SET RIGHT BEFORE YOUR DIVE.

FOR OTHER SPORTS, DO AS A WARM-UP EXERCISE.

**CAUTION:** Do this exercise outdoors or in a well-ventilated place in a sitting or laying down position. Also avoid doing this exercise right after any meals.

Visit our web site: www.expand-a-lung.com e-mail address: expandalung@aol.com

Toll free phone: 1-800-310-1774 (access code 77)

EXPAND-A-LUG, INC. 5842 S.W. 32 St Miami, FL 33155