P14000054586

(Requestor's Name)
(Address)
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COVER LETTER

TO: Amendment Section Division of Corporations

Tallahassee, FL 32314

NAME OF CORPO	RATION: Risen Nutrition &	Wellness, Inc.	
DOCUMENT NUM	BER: P14000054586		
	of Amendment and fee are su	bmitted for filing.	
Please return all corre	spondence concerning this ma	tter to the following:	
	Ronald Gray		
		Name of Contact Persor	
		Firm/ Company	
	10601 Cape Hatteras Dr.		
		Address	
	Tampa, FL 33615		
		City/ State and Zip Code	
	rgray20@yahoo.com		
	E-mail address: (to be us	sed for future annual report	notification)
For further information	on concerning this matter, pleas	se call:	
Ronald Gray		at (813	
Name	of Contact Person	Area Coo	de & Daytime Telephone Number
Enclosed is a check fo	or the following amount made	payable to the Florida Depa	ertment of State:
S35 Filing Fee	S43.75 Filing Fee & Certificate of Status	S43.75 Filing Fee & Certified Copy (Additional copy is enclosed)	S52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)
Mailing Address Amendment Section Division of Corporations P.O. Box 6327		Amend Divisio	Address ment Section n of Corporations entre of Tallahassee

2415 N. Monroe Street, Suite 810

Tallahassee, FL 32303

Articles of Amendment Articles of Incorporation of

(Name of Corporation as currently for 1000054586 (Document Number of Corporation as currently for 1000054586)	The state of the s
4000054586 (Document Number of C	E agr
(Document Number of C	tomoration (it known)
	2025 FEB 14 AH 8: 31 amendment
event to the provisions of section 607,1006, Florida Statutes, this Fh	orida Profit Corporation adopts the following amendment
Articles of Incorporation.	TALLAHASSEE, FL
If amending name, enter the new name of the corporation:	The month
sen Athletics & Wellness, Inc.	The new
sen Athletics & Wellness, Inc. me must be distinguishable and contain the word "corporation," "co nc.," or Co.," or the designation "Corp," "Inc," or "Co". A hartered," "professional association," or the abbreviation "P.A."	professional corporation name must contain the word
Enter new principal office address, if applicable:	
rincipal office address MUST BE A STREET ADDRESS)	
•	
Enter new mailing address, if applicable:	
(Mailing address MAY BE A POST OFFICE BOX)	
	ry ide enter the name of the
. If amending the registered agent and/or registered office address	ress in Florida, enter the hame or the
new registered agent and/or the new registered office address	-
Name of New Registered Agent	
Turne U	
(Florida str	rees address)
	, Florida
New Registered Office Address:	(City) (Zip Code)
in the Devictored Agen	t:
New Registered Agent's Signature, if changing Registered Agen I hereby accept the appointment as registered agent. I am familiar	with and accept the obligations of the position.
Thereby accept the appointment as regime, or again,	
Signature of New	Registered Agent, if changing

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Example:

Please note the officer/director title by the first letter of the office title:

P = President; V = Vice President; T = Treasurer; S = Secretary; D = Director; TR = Trustee; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

X Change	<u>PT</u>	John Do	<u>oe</u>	
X Remove	<u>v</u>	Mike Jo	nes	
X Add	<u>sv</u>	Sally Sn	<u>nith</u>	
Type of Action (Check One)	<u>Title</u>		Name	<u>Addres</u> s
1) Change		_		
Add				
Remove				
2) Change				
Add				
Remove 3) Change		_		
Add				
Remove				
4) Change	_	_		
Add				
Remove				
5) Change	-	_		
Add				
Remove				
6) Change		_		
Add		_		
Remove				

mending or adding additional Arti	(Be specific)
mending or adding additional Artical A	
_	
	
	n exchange, reclassification, or cancellation of issued shares, e amendment if not contained in the amendment itself:
It emendment provides for an	n exchange, reclassification, or cancendation
provisions for implementing the	n exchange, reclassification, or cancellation of issued by each earned e
(if not applicable, indicate No	(/A)

•	, it other than the
The date of each amendment(s) ad date this document was signed.	option:, if other than the
Effective date if applicable:	(no more than 99 days after amendment file date)
	lock does not meet the applicable statutory filing requirements, this date will not be listed as the
. I size of Amendment(S)	(CHECK ONE)
The amendment(s) was/were add	opted by the incorporators, or board of directors without shareholder action and shareholder
by the shareholders was/were si	opted by the shareholders. The number of votes cast for the amendment(s) ufficient for approval.
☐ The amendment(s) was/were ap	proved by the shareholders through voting groups. The following statement reach voting group entitled to vote separately on the amendment(s): t for the amendment(s) was/were sufficient for approval
	· · · · · · · · · · · · · · · · · · ·
by	(voting group)
Dated 3	mald Gray Anidot or other officer - if directors or officers have not been
(By a selec	director, president or other officer - if directors or officers have not been ted, by an incorporator - if in the hands of a receiver, trustee, or other court inted fiduciary by that fiduciary)
	Ronald Gray
	(Typed or printed name of person signing)
	CEO / President
	(Title of person signing)