

PO3000149565

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FILED
04 MAR 19 AM 11:04
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

3/22

TRANSMITTAL LETTER

TO: Amendment Section
Division of Corporations

SUBJECT: Ingridients, Inc

DOCUMENT NUMBER: P030001495-65

The enclosed *Articles of Amendment* and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

Ingrid Kohlstadt
(Name of Person)

Ingridients Inc
(Name of Firm/ Company)

16057 Tampa Palms Blvd W #204
(Address)

Tampa, FL 33647
(City/ State/ and Zip Code)

For further information concerning this matter, please call:

Ingrid Kohlstadt at (813) 966-4211
(Name of Person) (Area Code & Daytime Telephone Number)

Enclosed is a check for the following amount:

☒ \$35 Filing Fee

☐ \$43.75 Filing Fee &
Certificate of Status

☐ \$43.75 Filing Fee &
Certified Copy
(Additional copy is
enclosed)

☐ \$52.50 Filing Fee
Certificate of Status
Certified Copy
(Additional Copy
is enclosed)

Mailing Address
Amendment Section
Division of Corporations
P.O. Box 6327
Tallahassee, FL 32314

Street Address
Amendment Section
Division of Corporations
409 E. Gaines Street
Tallahassee, FL 32399



FLORIDA DEPARTMENT OF STATE
Glenda E. Hood
Secretary of State

March 8, 2004

INGRIDIENTS, INC.
% INGRID KOHLSTADT
16057 TAMPA PALM BLVD., W #204
TAMPA, FL 33647

SUBJECT: INGRIDIENTS, INC.
Ref. Number: P03000149565

We have received your document for INGRIDIENTS, INC. and check(s) totaling \$35.00. However, the enclosed document has not been filed and is being returned to you for the following reason(s):

The document must have original signatures.

Please return your document, along with a copy of this letter, within 60 days or your filing will be considered abandoned.

If you have any questions concerning the filing of your document, please call (850) 245-6908.

Anna Chesnut
Document Specialist

Letter Number: 604A00015163

RECEIVED
04 MAR 19 AM 9:41
DIVISION OF CORPORATIONS

Articles of Amendment
to
Articles of Incorporation
of

Ingrid ients, Inc.

(Name of corporation as currently filed with the Florida Dept. of State)

P03000149565

(Document number of corporation (if known))

FILED
04 MAR 19 AM 11:04
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Pursuant to the provisions of section 607.1006, Florida Statutes, this **Florida Profit Corporation** adopts the following amendment(s) to its Articles of Incorporation:

NEW CORPORATE NAME (if changing):

(must contain the word "corporation," "company," or "incorporated" or the abbreviation "Corp.," "Inc.," or "Co.")

AMENDMENTS ADOPTED- (OTHER THAN NAME CHANGE) Indicate Article Number(s) and/or Article Title(s) being amended, added or deleted: **(BE SPECIFIC)**

Article II: A to → 16057 Tampa Palms Blvd W. Ste 204
Tampa, FL 33647
- both principal & mailing Address

Article V: delete Q after Ingrid. Add, M.P.H after M.D
to read: Ingrid Kohlstadt M.D., M.P.H.
16010 Palm Royal Dr Ste 939
Tampa, FL 33647

(Attach additional pages if necessary)

If an amendment provides for exchange, reclassification, or cancellation of issued shares, provisions for implementing the amendment if not contained in the amendment itself: (if not applicable, indicate N/A)

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UPS STORE

JAN-29-2004 THU 03:47 PM ARU BUSINESS SERVICES FAX NO. 813 792 7919

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The date of each amendment(s) adoption: 12/12/03

Effective date if applicable: 12/12/03
(no more than 90 days after amendment file date)

Adoption of Amendment(s) (CHECK ONE)

- ☒ The amendment(s) was/were approved by the shareholders. The number of votes cast for the amendment(s) by the shareholders was/were sufficient for approval.
- ☐ The amendment(s) was/were approved by the shareholders through voting groups. The following statement must be separately provided for each voting group entitled to vote separately on the amendment(s):

*The number of votes cast for the amendment(s) was/were sufficient for approval by _____
(voting group)

- ☐ The amendment(s) was/were adopted by the board of directors without shareholder action and shareholder action was not required.
- ☐ The amendment(s) was/were adopted by the incorporators without shareholder action and shareholder action was not required.

Signed this 29 day of January, 2004.

Signature

(By a director, president or other officer - if directors or officers have not been selected, by an incorporator - if in the hands of a receiver, trustee, or other court appointed fiduciary by that fiduciary)

Ingrid Kohlschadt MD, MPH
(Typed or printed name of person signing)

President
(Title of person signing)

original signature

15 March 2004

FILING FEE: \$35