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AND
FILED

95 MAY -1 PM 2:22

SECRETARY OF STATE
TALLAHASSEE, FLORIDA

CORPORATION
ANNUAL REPORT
1995



U.S. DEPARTMENT OF STATE
 OFFICE OF THE SECRETARY
 SECRETARY OF STATE
 OFFICE OF THE SECRETARY

DOCUMENT # 627396

(5)

1. Cellular Input

WALKER L & O PEST CONTROL, INC.

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840. 84

Policy Analysis

8020 CONGRESS ST #4
PORT RICHEY FL 34668

P. O. BOX 1829
NEW PORT RICHEY FL 34656
US

DO NOT WRITE IN THIS SPACE

3. *Future Perspectives on Legislation*

24. Date of Last Report

06/25/1979

05/01/1994

4. February 1944

| |
|----------------|
| Applied For |
| Not Applicable |

5. Certificate of Status (Required)

**\$8.75 Additional
Fee Required**

6. Election Campaign Financing

**\$5.00 May Be
Added To Fares**

8. This corporation has liability for corporate tax under S 1361(b)(2) Florida Statutes. ☒ Yes ☐ No

☒ Yes ☐ No

9. Name and Address of Current Registered Agent

10. Name and Address of New Registered Agent

WALKER, LARRY M.
4652 NAFTIS LN
NEW PT. RICHEY FL 34652

Figure 1

| | |
|----|---|
| 82 | Street Address, if C. Has Number in Post Office Directory |
|----|---|

Unit

FL

●

| | |
|----|----------|
| BS | Zip Code |
|----|----------|

11. Pursuant to the provisions of Sections 607.02 and 607.03, Florida Statutes, the above named corporation, submits this statement for the purpose of changing its registered office to the above-stated address in the State of Florida. Such change was authorized by the corporation's board of directors, members or, if the change is made by registered agent, can

 $\frac{6}{7} \times \frac{8}{9} = \frac{8}{9}$

Figure 1. The effect of the concentration of the inhibitor on the rate of polymerization of α -methylstyrene in the presence of SnCl_4 at 25°C .

14. The author has no other relevant information to report.

| 12. CRIME RECORD AND RECORD INFORMATION | | 13. ADDITIONAL CHARGES (To be filled in by Agency on file with FBI) | |
|---|--|---|---|
| NAME | CRUEA, DONALD W.
11124 TELFORD ST.
NEW PT. RICHEY FL | 1. CRIME | ☐ Change ☐ Addition |
| 1. NAME | | 2. NAME | |
| 2. STREET ADDRESS | | 3. STREET ADDRESS | |
| 3. CITY AND STATE | | 4. CITY AND STATE | |
| NAME | ST
WALKER, JUDITH E
4652 NAFTIS LN
NEW PT RICHEY FL | 5. NAME | ☐ Change ☐ Addition |
| 1. NAME | | 2. NAME | |
| 2. STREET ADDRESS | | 3. STREET ADDRESS | |
| 3. CITY AND STATE | | 4. CITY AND STATE | |
| NAME | PD
WALKER, LARRY M
4652 NAFTIS LN
NEW PT. RICHEY FL | 6. NAME | ☐ Change ☐ Addition |
| 1. NAME | | 7. NAME | |
| 2. STREET ADDRESS | | 8. STREET ADDRESS | |
| 3. CITY AND STATE | | 9. CITY AND STATE | |
| NAME | | 10. NAME | ☐ Change ☐ Addition |
| 1. NAME | | 11. NAME | |
| 2. STREET ADDRESS | | 12. STREET ADDRESS | |
| 3. CITY AND STATE | | 13. CITY AND STATE | |
| NAME | | 14. NAME | ☐ Change ☐ Addition |
| 1. NAME | | 15. NAME | |
| 2. STREET ADDRESS | | 16. STREET ADDRESS | |
| 3. CITY AND STATE | | 17. CITY AND STATE | |

SIGNATURE

SIGNATURE AND TYPE OR PRINTED NAME OF AGING OFFICER OR DIRECTOR

4-30-95 (8/3) 848-0737

• 897

Abstract—The purpose of this study was to determine the effect of a 10-week training program on the heart rate (HR) and heart rate reserve (HRR) of sedentary middle-aged men. The subjects were 15 men, 40 to 50 years of age, who were sedentary and had no cardiovascular disease. They were randomly assigned to a 10-week training program or a control group. The training program consisted of 30 minutes of aerobic exercise, 3 times per week. The control group did not exercise. The HR and HRR were measured at rest and during maximal exercise at the beginning and at the end of the 10-week period. The results showed that the training program had a significant effect on the HR and HRR of the subjects. The HR at rest decreased significantly from 72 to 68 beats per minute (p < 0.05). The HRR at rest decreased significantly from 28 to 24 beats per minute (p < 0.05). The HR and HRR during maximal exercise did not change significantly. The results suggest that a 10-week training program can improve the HR and HRR of sedentary middle-aged men.

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